

Fresh & Natural Café @ Ohlone

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Cafeteria Menu (corrected)

Week of March 8, 2010

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### *Monday*

<b>Breakfast Grill</b>	California Sandwich w/ small coffee	\$ 4.95
<b>Hot Entrée</b>	Korean BBQ Beef w/ rice & Kimchi	\$ 5.95
<b>Vegetarian Choice</b>	Jab Chae	\$ 5.25
<b>Chef Specials</b>	Chicken & Shrimp Crispy Noodle	\$ 6.50
<b>Grill Special</b>	Fried Chicken Ranch Melt w/ Small fountain drink & fries	\$ 5.95
<b>Soup</b>	Turkey Noodle Soup	\$ 2.75

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### *Tuesday*

<b>Breakfast Grill</b>	Hot Link scramble w/ toast & small coffee	\$ 4.95
<b>Hot Entrée</b>	Chicken Fajita w/ Spanish rice & tortilla	\$ 5.95
<b>Vegetarian Choice</b>	Vegetable Fajita w/ Spanish rice & tortilla	\$ 5.25
<b>Chef Specials</b>	Beef Chow Fun	\$ 6.50
<b>Grill Special</b>	BBQ Pork on a roll w/ fries & small fountain drink	\$ 5.95
<b>Soup</b>	Cream corn soup	\$ 2.75

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### *Wednesday*

<b>Breakfast Grill</b>	Ultimate Omelet w/ toast	\$ 4.95
<b>Hot Entrée</b>	Chicken Cog Au vin w/ mashed potato & salad	\$ 5.95
<b>Vegetarian Choice</b>	Grilled Vegetable w/ mashed potato & salad	\$ 5.25
<b>Chef Specials</b>	Stir-fry Udon	\$ 6.50
<b>Grill Special</b>	Parmesan Chicken burger w/ small fountain drink & fries	\$ 5.95
<b>Soup</b>	Spinach egg drop soup	\$ 2.75

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## *Thursday*

<b>Breakfast Grill</b>	French Toast Special	\$ 4.95
<b>Hot Entrée</b>	Fontina Frittata w/ Italian sausage w/ salad & garlic bread	\$ 5.95
<b>Vegetarian Choice</b>	Pumpkin & Pistachio Ricotta w/ salad & garlic bread	\$ 5.25
<b>Chef Specials</b>	Pad Thai	\$ 6.50
<b>Grill Special</b>	Roasted Turkey on a roll w/ pesto sauce w/ small fountain drink	\$ 5.95
<b>Soup</b>	Clam Chowder	\$ 2.75

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## *Friday*

<b>Breakfast Grill</b>	Vegetable omelet w/ toast & small coffee	\$ 4.95
<b>Hot Entrée</b>	American Chicken Zucchini Casserole w/ corn bread & salad	\$ 5.95
<b>Vegetarian Choice</b>	Mushroom Spinach strudel w/ salad & corn bread	\$ 5.25
<b>Chef Specials</b>	Pepper Beef	\$ 6.50
<b>Grill Special</b>	Fish Burger w/ fries & small fountain drink	\$ 5.95
<b>Soup</b>	Chicken Rice soup	\$ 2.75

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