

Healthy Kids Day



YMCA Healthy Kids Day is a free, fun-filled day of activities designed to promote healthy kids and families in spirit, mind and body. YMCA Healthy Kids Day community-based events celebrate

making fitness fun, and introducing kids to an array of YMCA programs that teach healthy behaviors and healthy ways to play—an essential lesson in learning how to take care of themselves throughout their lifetimes.

Week of the Young Child

The Week of the Young Child is an annual celebration established by the National Association for the Education of Young Children (NAEYC).

The purpose of the Week of the Young Child is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.



This event is proudly sponsored by:



YMCA

*A World of Cultures
United in Learning*



*Ohlone College Early Childhood
Studies Department*



Mission Valley ROP



Child, Family & Community Services, Inc.



Kidango

Healthy Kids Day & Week of the Young Child



**April 11th, 2009
10 a.m. - 2 p.m.**

(Mandatory 7:30 a.m. setup)

**Lake Elizabeth
in Fremont**

*Performance Pavilion
on Paseo Padre
(next to the community center)*

Help celebrate young children and encourage them to lead healthy lives.

**Get Involved!
Learn how inside
this brochure!**

How you can help

Make a difference in the lives of children in your community!

On April 11th from 10 a.m. to 2 p.m., the YMCA of the East Bay, Ohlone College Early Childhood Studies Department, Mission Valley ROP, Child, Family and Community Services, Inc. and Kidango are celebrating Healthy Kids Day and Week of the Young Child by hosting a fun and informative event at Lake Elizabeth. Here are some ways your organization can get involved.

Host a Booth:

Participating in Healthy Kids Day/Week of the Young Child is not only a great way to support children, it is also an excellent and unique way to market your organization or services to a large audience of Fremont families. We anticipate 1,500 to 2,000 attendees at this event.

To participate, booth hosts must **arrive at 7:30 a.m.** to begin set up and attend a **mandatory meeting at 9:30 a.m.**

You must also stay the full scheduled time and not begin clean up until 2:00 p.m.

Vendors must commit to **bring** with them the following items:

- table (6-8 feet)
- chairs
- shade structure (optional)
- child-focused interactive activity (no beads or small items)*
- family give-away (no candy/junk food)*
- information about your organization*

**Please be prepared for 2,000 people.*

Volunteer:

To make this event a success, we need community volunteers. Volunteers will help out on the day of the event by monitoring children's activities, cleaning up, helping booth hosts, and working the information booth. Please contact Deepa Metha at 510-279-2914 for more information.

Donate Raffle Items:

By donating gift certificates or other items of value to our raffle, you will help ensure our Healthy Kids Day/Week of the Young Child event is a success. Please contact Catherine Rice at (510) 279-2910 to arrange a pick up or drop off of your donation.

Monetary Donation:

All money donated to this event will go to offset the cost of the event. Please contact Catherine Rice at (510) 279-2910 to make a donation.

Learn More:

To learn more about this event, please call Deepa Mehta at (510) 279-2914.



YES! I'd like to participate in Healthy Kids Day/Week of the Young Child.

Booth Reservation:

My organization would like to host a booth.

Name of organization: _____

Description of organization: _____

Contact Person: _____

Phone number: _____

Address: _____

Email: _____

Volunteer:

I would like to volunteer on the day of the event.

Name: _____

Phone number: _____

Email: _____

Donate:

I would like to donate a gift certificate or item to your raffle.

I would like to make a monetary donation.

Name: _____

Phone number: _____

Email: _____

Please return this form by fax or by post to:

Deepa Metha

YMCA of the East Bay

41811 Blacow Road

Fremont, CA 94538

Phone: 510-279-2914 • Fax: 510-657-9129