

GET YOUR TRI ON...

swim.bike.run

[Race your first triathlon!]

Free Triathlon Clinics at Ohlone College

sponsored by:



Clinic Schedule

Tuesday, March 24th 6-7pm: Intro to Multisport

[Ohlone College Rm 9103]

Sunday, April 19th 1-2pm: Open Water Swim Clinic

[Ohlone Pool Facility]

Sunday May 17th 1-2pm: Nutrition Clinic

[Ohlone College Rm 9103]

Sunday June 7th 1-2pm: Racing & Transitions Clinic

[Ohlone College Parking Lot M]

For more information or to reserve a spot: info@tridna.com

For parking information: www.ohlone.edu/core/maps