



Obsessive
Compulsive
Personality
Disorder

Obsessive Compulsive Personality Disorder

- Symptoms
- Causes
- Conclusion

TABLE 3.
Compulsive Personality Assessment Scale

Subject's name _____

Date of birth ___ / ___ / ___

Rater's name _____

Date of rating ___ / ___ / ___

Items refer to a stable pattern of enduring traits dating back to adolescence or early adulthood. Use the questions listed as part of a semi-structured interview.

For each item circle the appropriate score: 0=absent; 1=mild; 2=moderate; 3=severe; 4=very severe

Item	Rating				
	0	1	2	3	4
1. Preoccupation with details Are you preoccupied with details, rules, lists, order, organization, or schedules to the extent that the major aim of the activity is lost?	0	1	2	3	4
2. Perfectionism Would you describe yourself as a perfectionist who struggles with completing the task at hand?	0	1	2	3	4
3. Workaholism Are you excessively devoted to work to the exclusion of leisure activities and friendships?	0	1	2	3	4
4. Over-conscientiousness Would you describe yourself as over-conscientious and inflexible about matters of morality, ethics or values?	0	1	2	3	4
5. Hoarding Are you unable to discard worn-out or worthless objects even when they have no sentimental value?	0	1	2	3	4
6. Need for control Are you reluctant to delegate tasks or to work with others unless they submit to exactly your way of doing things?	0	1	2	3	4
7. Miserliness Do you see money as something to be hoarded for future catastrophes?	0	1	2	3	4
8. Rigidity Do you think you are rigid or stubborn?	0	1	2	3	4
Total:					

- Preoccupation with rules, order, and organization
- Perfectionism which hinders tasks
- Stubborn about ethics and values, rigid about way things done
- Packrats
- Money Hoarding

I am not obsessive
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