

CLASS SCHEDULE FALL 2011

Rev 061511

Time	Monday	Tuesday	Wednesday	Thursday
7:00am	6:00 - 7:35 pm PE372A3-01 Boot Camp Coe NC1406-1407		6:00 - 7:35 pm PE372A3-01 Boot Camp Coe NC1406-1407	
7:30am				
8:00am	8:00 - 9:35am PE342A3-01 Circuit Training Coe NC1406-1407	7:45 - 9:20 am PE375A3-01 Tai Chi May Chen NC 1407-1408	8:00 - 9:35am PE342A3-01 Circuit Training Coe NC1406-1407	7:45 - 9:20 am PE375A3-01 Tai Chi May Chen NC 1407-1408
8:30am				
9:00am				
9:30am				
10:00am	9:45 - 10:45 am PE378A2-01 Indoor Cycling Kurotori NC 1408	9:45 - 10:45am PE377A2 -01 Pilates Rush NC 1407 - 1408	9:45 - 10:45 am PE378A2-01 Indoor Cycling Kurotori NC 1408	9:45 - 10:45am PE377A2 -01 Pilates Rush NC 1407 - 1408
10:30am				
11:00am	11:00 - 12:00 pm PE 346A2-04 Guts & Butts Kurotori NC 1407 - 1408	11:00 - 12:00pm PE 346A2-02 Guts & Butts Bain NC 1407 - 1408	11:00 - 12:00 pm PE 346A2-04 Guts & Butts Kurotori NC 1407 - 1408	11:00 - 12:00pm PE 346A2-02 Guts & Butts Bain NC 1407 - 1408
11:30am				
12:00pm	12:00 - 1:00 pm PE 344A2-01 Total Fitness Kurotori NC 1406 - 1407	12:00-1:00pm PE342A2-01 Circuit Training Bain NC 1406 - 1407	12:00 - 1:00 pm PE 344A2-01 Total Fitness Kurotori NC 1406 - 1407	12:00-1:00pm PE342A2-01 Circuit Training Bain NC 1406 - 1407
12:30pm				
1:00pm				
3:00 PM	3:00 - 4:00 pm PE 376A2 -04 Yoga Hanson NC 1407-1408		3:00 - 4:00 pm PE 376A2 -04 Yoga Hanson NC 1407-1408	
4:00 PM		4:00 - 5:35 pm PE344A3-01 Total Fitness Coe NC1406-1407		4:00 - 5:35 pm PE344A3-01 Total Fitness Coe NC1406-1407
5:45 PM	COMMUNITY EDUCATION BELLY DANCE 5:30 - 6:30 PM	5:45 - 6:45 pm PE378A2-02 Indoor Cycling Kane-Nolan NC1408	COMMUNITY EDUCATION ZUMBA 5:30 - 6:30 PM	5:45 - 6:45 pm PE378A2-02 Indoor Cycling Kane-Nolan NC1408
		7:00 - 8:35pm PE 376C3-01 Yoga & Meditation Kane-Nolan NC1407-1408		7:00 - 8:35pm PE 376C3-01 Yoga & Meditation Kane-Nolan NC1407-1408

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