

OHLONE COLLEGE
Ohlone Community College District
OFFICIAL COURSE OUTLINE

I. Description of Course:

1. **Department/Course:** PD - 180

2. **Title:** Peer Mentoring

3. **Cross Reference:**

4. **Units:** 3

Lec Hrs: 2

Lab Hrs: 3

5. **Repeatability:** No

6. **Grade Options:** Letter Grade, May
Petition Credit/No Credit (GC)

12. Catalog Description:

This course is an introduction to peer mentoring. Students learn about interpersonal communication, principles of counseling and advising, and theories of student development. Students have the opportunity to act as peer mentors for new Ohlone students.

13. Class Schedule Description:

Develop peer mentoring skills: interpersonal awareness, communication, and advising.
Act as mentor for new students.

14. Counselor Information:

This class is designed to train students to become peer mentors.

II. Student Learning Outcomes

The student will:

1. Examine and apply a variety of student development and learning theories
2. Practice leadership techniques
3. Demonstrate ability to appropriately refer students to campus resources
4. Analyze issues facing new students and create ways of helping students in their adjustment to college
5. Develop awareness of self and relationship with others

III. Course Outline:

A. Peer Mentoring: What's it all about?

1. Do's and don't of peer mentoring
2. Peer mentor's role

B. Professional Ethics for Peer Mentors

C. Leadership

1. Leadership defined
2. Myths/truths about leadership
3. Servant leadership and other leadership theories/styles
4. Leadership self-assessments

D. Issues Facing New Students

1. Social
2. Academic
3. Personal
4. Ways to help

E. Self-Awareness

1. True Colors inventory and evaluation
2. Implications of personality types on being a mentor

F. Awareness of Others

1. Chickering's seven vectors of student development
2. Alexander Astin's theory of student involvement
3. Understanding gender and cultural diversity
4. Myers-Briggs

G. Interpersonal Communication

1. Overcoming barriers to communication
2. Developing relationships
3. Questioning and listening skills
4. Constructive criticism/assertiveness

H. Leading Groups

1. Effective leadership
2. Group processes

I. Public Speaking

J. Majors and Academic Advising Basics

K. Strategies for Academic Success

1. Organization
2. Time-management
3. Study skills

L. College and Community Resources

IV. **Course Assignments:**

A. Reading Assignments

1. Assigned chapters from texts

B. Projects, Activities, and other Assignments

1. Research a current issue facing new students and create a class lesson teaching students how to overcome this issue.
2. Present lesson to the class.
3. Interview of a new student
4. Personality self-assessments
5. Classroom observations

C. Writing Assignments

1. Journal writing about experiences mentoring new students and classroom observations

V. **Methods of Evaluation/Assessment:**

- A. Short answer, essay, and multiple choice exams on key concepts
- B. Final presentation
- C. Self-assessments and evaluations

VI. **Methods of Instruction:**

- A. Discussion
- B. Computer Assisted Instruction
- C. Collaborative Learning
- D. Lecture
- E. Laboratory

VII. Textbooks:

Required

1. Richard Light *Making the Most of College: Students Speak Their Minds* 1st Edition, Harvard University Press, 2004 ISBN: 067401359x
2. Steven Ender and Fred Newton *Students Helping Students: A Guide for Peer Educators on College Campuses* 1st Edition, Jossey-Bass, 2000 ISBN: 0787944599

Optional

- A. Robert Bolton *People Skills: How to Assert Yourself, Listen to Others, and Resolve Conflict* 1st Edition, Touchstone, 1986 ISBN: 067162248x

VIII. Supplies:

- A. None

CID 2039