

OHLONE COLLEGE
Ohlone Community College District
OFFICIAL COURSE OUTLINE

I. Description of Course:

1. **Department/Course:** TD - 138A
2. **Title:** Introduction to Chinese Dance
3. **Cross Reference:**
4. **Units:** 1
Lec Hrs:
Lab Hrs: 3
5. **Repeatability:** Yes Times:3
6. **Grade Options:** Grade Only (GR)

7. **Degree/Applicability:**
Credit, Degree Applicable, Transferable -
CSU (T)
8. **General Education:** District General
Education (Plan A)
V-A. Physical Education
9. **Field Trips:** May be Required
10. **Requisites:**
None

12. Catalog Description:

The students will be introduced to basic techniques and body rhythm of Chinese Classical dance along with basic training in some Chinese Folk Dances.

13. Class Schedule Description:

An introduction to Chinese Classical dance and Chinese Folk dances.

14. Counselor Information:

The students will be introduced to basic techniques of Chinese Classical Dance and Chinese Folk Dance.

II. Student Learning Outcomes

The student will:

1. Demonstrate and perform beginning level dance skills learned in class.
2. Utilize physicality, such as body rhythm, facial expression, and body alignment for story telling.
3. Demonstrate comprehension of historic concepts behind the Chinese culture as it relates to this dance form.

III. Course Outline:

I. Basic Steps

- A. Chinese number 8 step
- B. Chinese "Ding" step
- C. Big Chinese number 8 step
- D. Bow step
- E. Front and Back Bow step
- F. Horse step (second position plie)

II. Basic Techniques

- A. Small jumps (petite allegro)
- B. Stationed turns
- C. Stationed turns with back movement

D. Moving turns

III. Basic Barre Work

- A. Find center of gravity and core strength
- B. Tendu from first and fifth position
- C. Degage from first and fifth position
- D. Fondu En' Lair (holding leg up in the air)
- E. Leg stretches at the barre
- F. Grande Battement

IV. Basic Rhythm Training

- A. Center work
- B. Waist and Hip
- C. Shoulder
- D. Combination

V. Chinese Folk Dance Basics

- A. Tibetan dance characters- Body movement and foot work
- B. Han folk dance characters- Body movement and handling of a fan

IV. **Course Assignments:**

A. Reading Assignments

B. Projects, Activities, and other Assignments

- 1. The student will progressively demonstrate the skills learned in class.

C. Writing Assignments

- 1. The student will write an essay that compares/contrasts Chinese Classical dance and Chinese Folk dance.
- 2. In addition, or instead, the student may write a critique that evaluates their personal response to their experience as an audience member attending a Chinese dance performance.

V. **Methods of Evaluation/Assessment:**

- A. The student will attend class regularly and progressively demonstrate the skills learned in class.
- B. The student will also be tested on knowledge and memorization of choreography by performing dances, or parts of dances, in class.

VI. **Methods of Instruction:**

- A. Demonstration
- B. Laboratory
- C. Discussion

VII. **Textbooks:**

Required

Optional

VIII. **Supplies:**

- A. The student will provide their own rehearsal clothes and shoes as necessary.

