

OHLONE COLLEGE
Ohlone Community College District
OFFICIAL COURSE OUTLINE

I. Description of Course:

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| 1. Department/Course: <u>NUR - 316</u> | 7. Degree/Applicability:
Credit, Not Degree Applicable (C) |
| 2. Title: <u>Maternal-Newborn & Women's Health Review</u> | 8. General Education: |
| 3. Cross Reference: | 9. Field Trips: <u>Not Required</u> |
| 4. Units: <u>1</u>
Lec Hrs: <u>0.5</u>
Lab Hrs: <u>1.5</u>
Tot Hrs: <u>36.00</u> | 10. Requisites:
Advisory
Eligible for English 101A
NUR 307 Nursing Leadership and Preceptorship N307 completed or in-progress |
| 5. Repeatability: <u>Yes Times:3</u> | |
| 6. Grade Options: Pass/No Pass (P) | |

12. Catalog Description:

Nursing 316 is an intensive, two weekend review of obstetrical and newborn care, with an additional focus on women's health. It is meant as a content review for the new nursing graduate who is preparing for NCLEX examinations, or the registered nurse who desires to reenter the profession. This is a Late Start class.

13. Class Schedule Description:

Review of OB-newborn care & women's health for nursing students preparing for NCLEX or RNs reentering the profession.

14. Counselor Information:

This course is geared for any nursing graduate who desires content review before taking NCLEX examinations, and is not meant to replace a test-taking course. RNs who desire to refresh their knowledge of obstetrics and newborn care will also benefit from this content review. A global review of women's health will be included. This is an intensive two-weekend review offered at the end of the semester as a late start class.

II. Student Learning Outcomes

The student will:

1. Utilize the nursing process and relevant pathophysiology, diagnostic testing and medical treatments to develop a plan of care for common health deviations occurring in women and newborns, especially during childbearing.
2. Integrate the principles of community based nursing to promote and maintain health in women and newborns, especially during childbearing.
3. Analyze and formulate therapeutic communication techniques to meet the needs of culturally diverse family units during childbearing.
4. Select appropriate evidence-based research to validate a change of practice in either an obstetrical, pediatric, or women's health care setting.

III. Course Outline:

A. Theory

1. The nurse's role in family-centered obstetrical nursing and women's health
 - a. Health promotion
 - b. Health maintenance
 - c. Community resources
 2. Practice based upon evidence-based research
 - a. Appropriate sources for healthcare providers
 3. Therapeutic communication techniques for diverse populations that reflect cultural sensitivity
 4. Assessment and care of patients:
 - a. Normal pregnancy
 - b. Common deviations of pregnancy
 - c. Labor and delivery
 - d. Postpartum
 - e. Newborn nursery
 - f. Women's health
 5. Pharmacology
 - a. Teratogenicity of common substances
 - b. Common medications used during each trimester
 - c. Labor and delivery
 - d. Postpartum
 - e. Newborn medications
 - f. Women's health
 - i. Contraceptives
 - ii. Fertility medication
- B. Human simulation scenarios
1. Common problems during labor and delivery
 2. Assessment of the post partum woman and neonate

IV. **Course Assignments:**

A. Reading Assignments

1. Selected articles

B. Projects, Activities, and other Assignments

1. Case studies
2. Group discussion
3. Human simulation scenario

C. Writing Assignments

V. **Methods of Evaluation/Assessment:**

- A. Self assessment and analysis, pre-course and post course.
- B. Oral presentation related to evidence-based change in practice.
- C. Satisfactory participation to patient simulation scenario.

VI. **Methods of Instruction:**

- A. Discussion
- B. Audiovisual
- C. Seminar
- D. Collaborative Learning
- E. Other

1. Human Simulation Scenario using low-level Manikin

VII. Textbooks:

Recommended

Supplemental

- A. Lowdermilk and Perry *Maternity and Women's Health Care* 9th Edition, Mosby:Elsevier, 2007 ISBN: 10: 0-323-04367
- B. Lowdermilk and Perry *Study Guide, Maternity and Women's Health Care* 9th Edition, Mosby:Elsevier, 2007 ISBN: 978-0-323-04999
- C. Mosby *Mosby's Nursing Video Skills: Maternal-Newborn and Women's Health* 1st Edition, Mosby:Elsevier, 2007 ISBN: 978-0-323-04569

VIII. Supplies:

- A. Percussion hammer
- B. Stethoscope

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