



## **CURRICULUM GUIDE 2006-2007**

### **EXERCISE SCIENCE**

#### **CERTIFICATE OF COMPLETION**

##### **Requirements for Certificate of Completion:**

- a) Complete satisfactorily the courses listed for the particular certificate.
- b) Complete at least 50% of the required units at Ohlone College.
- c) Maintain a 2.0 grade point average.

##### **FITNESS INSTRUCTOR**

The Fitness Instructor Certificate of Completion provides the instruction, skills, knowledge, and experience that facilitate employment in a job setting such as sports and fitness centers. The certificate provides an excellent foundation for students interested in a career in exercise science, athletic training, physical therapy, and other health related careers.

PE-251	Fitness for Life	3
PE-256/PTA-119	Sports Performance Testing OR	2
HLTH-101	Health Science	(3)
PE-257	Prevention and Care of Athletic Injuries	4
PE-258	Exercise Prescription	3
PE-382	Clinical Experiences in Sports Medicine	<u>2</u>
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