



## **CURRICULUM GUIDE 2007-2008**

### **EXERCISE SCIENCE**

#### **CERTIFICATE OF COMPLETION**

##### **Requirements for Certificate of Completion:**

- a) Complete satisfactorily the courses listed for the particular certificate.
- b) Complete at least 50% of the required units at Ohlone College.
- c) Maintain a 2.0 grade point average.

##### **FITNESS INSTRUCTOR**

The Fitness Instructor Certificate of Completion provides the instruction, skills, knowledge, and experience that facilitate employment in a job setting such as sports and fitness centers. The certificate provides an excellent foundation for students interested in a career in exercise science, athletic training, physical therapy, and other health related careers.

KIN-251 (formerly PE-251)	Fitness for Life	3
KIN-256 (formerly PE-256)/PTA-119	Sports Performance Testing OR	2
HLTH-101	Health Science	(3)
KIN-257 (formerly PE-257)	Prevention and Care of Athletic Injuries	4
KIN-258 (formerly PE-258)	Exercise Prescription	3
KIN-382 (formerly PE-382)	Clinical Experiences in Sports Medicine II	<u>2</u>
		14-15