



CURRICULUM GUIDE 2007-2008

EXERCISE SCIENCE OPTION IN ATHLETIC TRAINING

AS Degree: Transfer Major

The Associate of Science Degree in Exercise Science with an Option in Athletic Training offered by Ohlone College is designed to prepare students for studying Athletic Training at accredited universities. While the courses required in the Associate of Science Degree in Exercise Science with an option in Athletic Training will fulfill the lower division major requirements at many universities, students are advised to meet with their counselor to assess the course requirements for specific institutions. This program will enable students to develop a strong foundation in exercise science and athletic training. The theoretical knowledge and laboratory skills acquired by students in this program will also enhance their success with obtaining entry-level jobs in the fitness and physical therapy industry.

Requirements for AS Degree:

- a) Complete the Major Field courses with a 2.0 grade point average.
- b) Complete Plan A, B, or C General Education requirements. These are specified in the Ohlone College catalog.
- c) Complete at least 60 degree-applicable units with a 2.0 grade point average.
- d) Complete at least 12 units at Ohlone College.

MAJOR FIELD

BIOL-103A	Human Anatomy and Physiology	4
BIOL-103B	Human Anatomy and Physiology	4
BIOL-130	Introduction to Biology	4
CHEM-106A	Principles of Chemistry	4
CFS-109	Nutrition	3
HLTH-101	Health Science	3
PE-240	Theory of Physical Education, Fitness, and Sport	3
PE-257	Prevention and Care of Athletic Injuries	4
PE-258	Exercise Prescription	3
PE-381	Clinical Experiences in Sports Medicine I	1
PE-382	Clinical Experiences in Sports Medicine II	2