

## KINESIOLOGY

When making your revisions during course review it is important to take a few extra minutes to review and reflect on your course and whether or not it still meets the current GE Plan A student learning outcomes for the area your course(s) are listed in. If you believe the course reflects the student learning outcomes, please re-affirm and give a rationale and several examples of how your course meets the student learning outcomes for your area of GE Plan A. Please do not cut copy and paste the student learning outcomes in as your rationale.

Below are the student learning outcomes for the courses in each of the areas your course(s) are listed on the current Ohlone College GE Plan A. If the course is in blue, you are not required to make the revision as this course is not primary in your department, you may work on it with some one from the primary area. If the course is in red you must review for both curriculum and GE.

### Area V Physical Education/Wellness

Physical Education courses are activity based. Wellness courses are not necessarily activity based and have a focus on such topics as nutrition, stress management, weight management, fitness, and acupuncture. (Ohlone College definition)

#### A. Physical Education

Upon receipt of an associate degree from Ohlone College, a student will be able to:

1. Maintain a regular regimen of physical activity and/or exercise.
2. Demonstrate fundamental skills incorporating the rules and strategies of the activity.

#### B. Wellness

Upon receipt of an associate degree from Ohlone College, a student will be able to formulate a personal wellness plan incorporating the basic principles of a healthful lifestyle.

PRIMARY	COURSE	COURSE TITLE	CROSS-REF	DEGREES/CERTS	GE PLAN A
<b>KIN</b>	KIN 240	Theory of Physical Education, Fitness, And Sport	PE-240	Exercise Science - Option in Athletic Training: AS Degree - Major	
<b>KIN</b>	KIN 241	College Success For Athletes	PD-241		
<b>KIN</b>	KIN 242	Sociology of Sport	SOC-142		
<b>KIN</b>	KIN 243	Sports Marketing	BA-143		
<b>KIN</b>	KIN 244	Sports Management	BA-144		
	KIN 251	Fitness for Life		Fitness Instructor - Cert of Accomp	VB
<b>PTA</b>	KIN 256	Sports Performance Testing	PTA-119	Physical Therapy Assistant: AS Degree - Supporting Courses / Fitness Instructor - Cert of Accomp	VA
	KIN 257	Prevention and Care of Athletic Injuries		Exercise Science - Option in Athletic Training: AS Degree - Major / American Sign Language and Deaf Studies: AA Degree - Area of Emphasis Health, Science, and Hygiene / Fitness Instructor - Cert of Accomp	VB
	KIN 258	Exercise Prescription		Exercise Science - Option in Athletic Training: AS Degree - Major / American Sign Language and Deaf Studies: AA Degree - Area of Emphasis Recreational Planning and/or Physical Education Methodology for Children / Fitness Instructor - Cert of Accomp	VB
	KIN 261	Mental Aspects of Sport			

	KIN 381	Clinical Experiences in Sports Medicine I		Exercise Science - Option in Athletic Training: AS Degree - Major / American Sign Language and Deaf Studies: AA Degree - Area of Emphasis Recreational Planning and/or Physical Education Methodology for Children	
	KIN 382	Clinical Experiences in Sports Medicine II		Exercise Science - Option in Athletic Training: AS Degree - Major / American Sign Language and Deaf Studies: AA Degree - Area of Emphasis Recreational Planning and/or Physical Education Methodology for Children / Fitness Instructor - Cert of Accomplishment	