The General Education Program at Ohlone College reflects the values of the college, its students, and community and is intended to prepare students to live and work in a dynamic, multicultural, and global society. The college is committed to providing students with learning experiences both grounded in theory and application which are meant to develop the abilities to think critically; to communicate clearly and ethically in both oral and in written form; and to use mathematics, science, and technology practically while acquiring quality physical health. Furthermore, the college guides students in understanding the modes of inquiry of the major disciplines and provides activities and experiences in the appreciation of performing arts, the sustainability of the physical environment, and value of multicultural and diverse perspectives. Insights gained from experiences of others and themselves will guide self-understanding and promote the lifelong learning process.