



# OHLONE COLLEGE MONITOR

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## Afghani challenges: poverty, education

By NICOLE JOHNSON  
Staff writer

The Smith Center's Jackson Theatre held its first World Forum of the semester on "Education in Afghanistan: Current Challenges and Future Opportunities." Speaker Mohammad H. Qayoumi, who is currently the president of California State University, East Bay, was the featured speaker.

Qayoumi began by explaining that Afghanistan is in a "unique location. The location is a blessing as well as a curse." The country is a crossroad of many different cultures with a thriving civilization and various traditions. However, many different armies have invaded Afghanistan: Alexander the Great, the Turkish, the Arabs, the Portuguese, the Russians, and the British. Geographically, the land is very dry and about three-fourths of it is covered with mountains. Afghanistan is about the size of Texas or France. Also, Afghanistan is "under the mercy of nature," according to Qayoumi, "and suffers from serious droughts and drastic climates ranging from that of Minnesota to Arizona in a small area of the country."

Afghanistan is one of the poorest countries in the world. Afghanistan's United Nation economic ranking is 173 out of 178 nations, the infant mortality rate is 163 per 1,000 babies, the average life expectancy is extremely low, only 43 years. Only 23 percent of citizens have access to safe drinking water, and just 6 percent have access to electricity.

Qayoumi said the unique challenges Afghanistan faces are 25 years of war and destruction, with a war damage estimate of \$240 billion, a total economic collapse and disintegration of social fabric, high per capita donor assistance, and dynamics of a post conflict environment.

Among Afghanistan's many challenges is the literacy rate of its civilians. Only 20-25 percent people maximum are literate. There is a lower literacy rate among women than men, and the majority of literate civilians live in major cities and metropolitan areas, not in the countryside.

Afghanistan also has the youngest population in the world. Another challenge is the number of refugees. There were approximately 1,500,000 Afghan refugees as of December, 2000. Afghanistan is also the "land mine capital of the world," said Qayoumi. "There is hardly a week where someone doesn't get killed by layers of landmines. The challenge is finding the older ones. Farmers have died from plowing land."

A success story of Afghanistan is telecommunication. In February 2002 only a few cell phones were given to government officials. In June 2002, "a good number of people had cell phones. Within a year, there was internet on cell phones



Photo by Tomás Ortega

### Mohammad H. Qayoumi, President of Cal State East Bay, speaks on Afghanistan at the first World Forum of the semester Tuesday.

and internet cafes."

Another Afghanistan success is its media. "Afghanistan has the freest media with more than a dozen TV stations, newspapers, talk shows, and radios. It gives me a glimmer of hope."

As for education, in 2003, there were 7,000 schools with 3 million boys and 1.2 million girls. By 2005, there were 8,600 schools with 4.4 million boys and 1.8 million girls. By 2007 there were 7 million youth attending school, but still, 5 million did not have access to school. About one third of schools are in a building, one third are in a mosque or rental, and another third are in tents or in open air.

The recent development on schools is that "teachers have become a terrorist target. Over 100 attacks have been made on schools, dozens of schools were burned, teachers were killed

and injured, and over 300 schools closed since 2006."

Of the 8 schools built last year, 7 collapsed from heavy snowfall, their designs being meant for California, not the hard Afghani winter. The cost to rebuild schools is \$563 million, with only \$126 million available. "Education is being short-changed," Qayoumi said, "many women don't go to school, because there are not enough women teachers."

Seven million youth are out of school, most of them are girls. The country has 53,000 school teachers now and is adding a neccicary 64,000 in the next five years. Half of the teachers needed are female. Qayoumi's general recommendation is to enhance security, extend the government across the country, curb the corruption, and build the nation's infrastructure.

Qayoumi concluded that "it is important to be optimistic."

## Learning through play

By KYLE STEPHENS  
News editor

Various groups and educators from the Bay Area and beyond gathered at the center Saturday morning Oct. 4 to attend workshops and interface with fellow early childhood care providers at the Ohlone College Early Childhood Studies Department Annual Early Childhood Conference at the Kidango Child Development Center.

Ohlone College President Dr. Gari Browning made an appearance at the conference.

Janice Fonteno, Professional Development Coordinator for Early Childhood Studies, said this was notable for her position as president of the college, and at that she is Ohlone's first female president.

The attendees at the conference and overall those in the early child development field are women, so having a female dignitary was an additional honor, said Fonteno.

Some of the goals of the conference are to promote and establish Ohlone's reputation for having an excellent program in the field. The Early Childhood Studies Program at Ohlone is one of the premiere curriculums on the topic in Northern California. It is available as an Associate of Arts (A.A.) Degree or as a Certificate of Achievement, and courses in the program are widely attriculatable to other institutions. The qualifications "meet or exceed the requirements for teachers in centers and programs licensed in the State of California, by the Department of Social Services," according

to the Ohlone Early Childhood Development website. The permit also fulfils requirements for the Child Development Permit, as issued by the California Commission on Teacher Credentialing.

Keynote speaker Natalie Berkowitz, who has created classroom science teaching aids with the Resource Area For Teachers (RAFT) as Science Outreach Program/Teacher Educator, and presented on such for a workshop at the conference. Berkowitz spoke of some misnomers about teaching science to young children, that often times educators would rather not teach the topic at all than get it wrong. Early childhood is a very critical, and brief time in the scheme of children's learning and

*Continued on Page 6*

## Good news for board

By ANKITA CHHABRA  
Staff writer

Ohlone's Board meeting on Wednesday opened with accomplishments and awards that Ohlone has received since the fall semester began, including an award for the Newark Campus.

ASOC President Jackie McCulley told the Board about progress in student senator elections and work on the student constitution. Admissions are up 9 percent since 2007. About 450 students will receive financial aid thanks to the new budget.

Trustees passed the Accreditation Report and 2008 Accountability Report. A study on the rate of transfers found CSU East Bay and UC Berkeley to be the highest.

The meeting ended on a tour of the Student Services Building, which is about 50 percent completed. The building will include an ASOC area, board meeting room, more offices and computer lab space.

The Board also adopted a revised Board Guide that some trustees, such as Vice Chair Bill McMillin, thought could use more revision and looking over.



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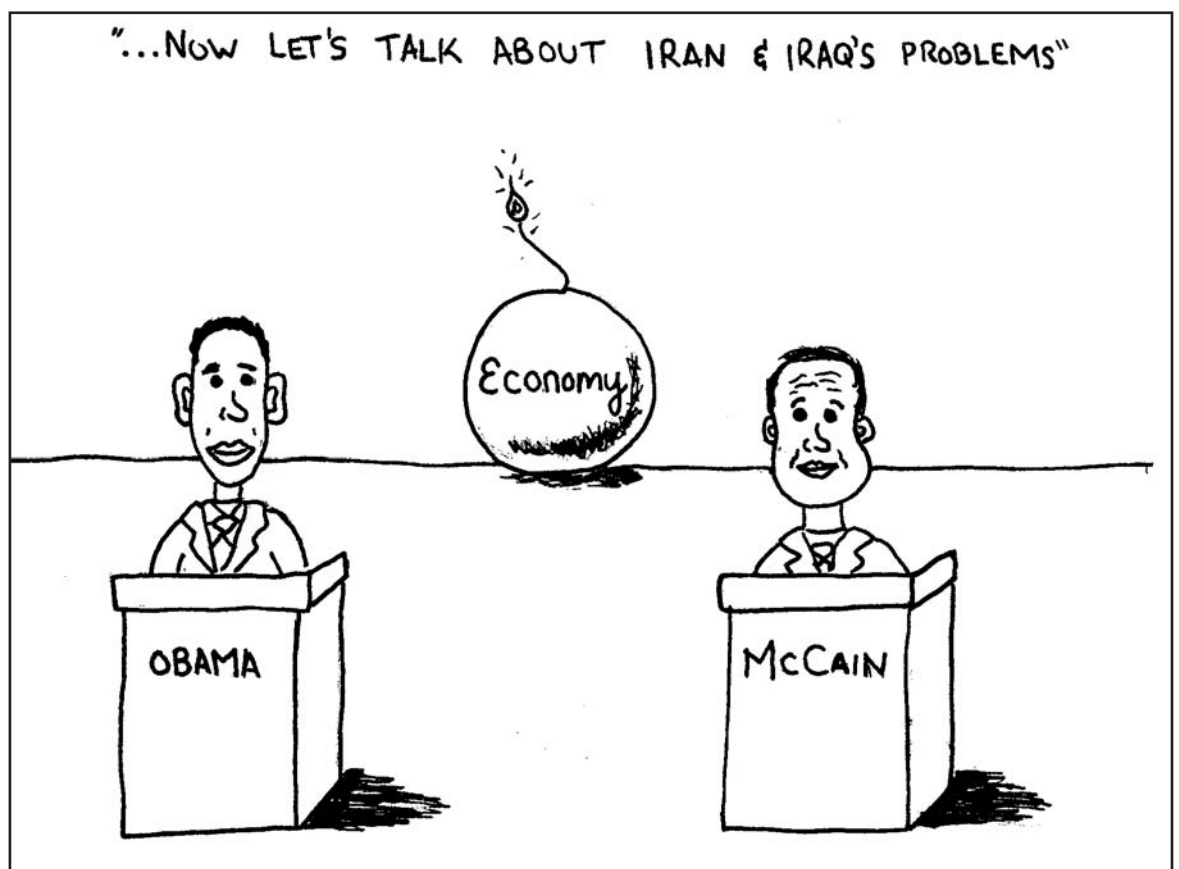


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## OPINION

# Teachers, Brunton debate Board election issues

### DEAR EDITOR:

My name is Jeff O'Connell. I am an Associate Professor of Mathematics at Ohlone College. I was hired as a part-time instructor in 1995 and was hired full-time in 1996. I consider myself to be a very involved faculty member: I have served on many campus committees, including Faculty Senate, and am currently the co-chair of the Technology Committee.

The following are documented facts about Bob Brunton, member of the Ohlone Board of Trustees:

- Brunton has made remarks during board meetings that made light of the early Ohlone Indians by suggesting that the school put casinos on the college land.

- Brunton sought personal addresses of Faculty Senate members "in an overt attempt to discredit their opinion, since some may have (moved) outside the voting district." This is quoted from an open letter written to the board by fellow board member Garrett Yee on Sept. 23, 2006.

- In 2002, during a meeting with an Ohlone contingent visiting from China, Brunton served his own financial interests by making a sales pitch for his company. This along with other issues is detailed in an article from the *Oakland Tribune*

on Oct. 15, 2006. [http://findarticles.com/p/articles/mi\\_qn4176/is\\_20061015/ai\\_n16784528](http://findarticles.com/p/articles/mi_qn4176/is_20061015/ai_n16784528).

- The position of Board President rotates through members, and Brunton is the only board member to be removed from that position by his fellow board members. He has been removed from that position twice, both times he has held the position.

- The Board voted unanimously to have an attorney investigate Brunton for unethical behavior. There were no findings because policy and procedures were not in place at that time. Since then, the Board now has policies and procedure on ethics violations.

- On Feb. 14, 2008, Brunton came to campus to solicit information about the college from students, faculty, and staff. According to Page 166 of the Community College League of California (CCLC) Trustee Handbook for 2008, "A cardinal rule of effective trusteeship is that no individual trustee directs or becomes involved in staff activities... When directly approached by individual staff, boards and trustees listen, but do not take action on employee requests. Employee concerns should be directed to internal lines of authority and should not be addressed by individual trustees or the board."

Brunton has a copy of the trustee handbook, yet his unwillingness to follow it has clearly led to at least

one of the four recommendations that the accrediting commission gave Ohlone: *The Board of Trustees cease involvement in college and district operations and delegate all non-policy issues and policy implementation at the district level to the president.*

- On Feb. 27, 2002, Brunton voted in favor of giving medical benefits to domestic partners of members of the Board of Trustees. On April 10, 2002 Bob Brunton voted against giving the same benefits to domestic partners of faculty. He made similar votes against giving these same benefits to the other two employee groups – CSEA on June 26, 2002 and SIEU on Sept. 25, 2002.

- The Faculty Senate gave Brunton a vote of "no confidence" and asked him to resign after comments he made to the media. These comments were his personal opinion but he made the comments representing the Board of Trustees. See the *Oakland Tribune* article: [http://findarticles.com/p/articles/mi\\_qn4176/is\\_/ai\\_n16743751](http://findarticles.com/p/articles/mi_qn4176/is_/ai_n16743751) as well as the *Ohlone Monitor* article: <http://www.ohlone.edu/org/monitor/20062007/20060928/page1.pdf>.

On Nov. 4, 2008 Brunton is up for reelection. Is this the type of person you want on the Board of Trustees of Ohlone College?

**Jeff O'Connell**  
Associate Professor, Mathematics

### DEAR EDITOR:

The article "A look at your future Board" in the Oct. 2 issue of the *Monitor* referred to Bob Brunton as a "Fremont resident." This is incorrect. While he may have lived in Fremont at the beginning of his time on the Board and he may still own a home in Fremont, it is my understanding that his primary residence, along with his family, is now in Southern California. I encourage you to explore this further – how effectively can a candidate represent the Ohlone community when they don't even live in the Bay Area?

**Rob Smedjfeld**  
Associate Professor, Mathematics

*Editor's note: Bob Brunton submitted the following response to these letters:*

### DEAR EDITOR:

I am Bob Brunton, Ohlone Board of Trustees member. It is an honor to serve you, and to be part of our vibrant college of our community. Ohlone is blessed to have outstanding faculty and staff who love to teach and to provide a supportive and safe environment to our students.

I am a part-time elected public servant with a full-time love of Ohlone. Assuring student success is my top goal. I have been a con-

sistent advocate for the students (our customers), and taxpayers and citizens of the district (our owners) and the under-represented assets of our college. I make decisions based on the information that I have with the intent of what is in the best long-term interests of the district as a whole. Working with my fellow trustees, I have made a positive difference for Ohlone College.

I decided to seek re-election because next term Ohlone will be facing its most challenging combination of financial and educational issues in its history. I have the experience, dedication, courage, creativity and connection that will best help Ohlone meet these challenges.

The Board has taken decisive action in satisfactorily addressing the issues raised in the recent accreditation report. All members of the Board, me included, have gone through additional training and education on the proper roles and effective trusteeship.

The future has already arrived with the recent hiring of Dr. Gari Browning. The Board and the CEO are committed to working together and communicating effectively. The Board has adopted the Learning Board modes and its focus is on its proper role of policy development compliance and not on narrow issues.

**Bob Brunton**  
Member, Board of Trustees

## CAMPUS COMMENT >>

# Are we heading into a depression?



**Chelsea Nichols**  
BUSINESS ADMINISTRATION  
"Oh, yes."



**Kim Lyell**  
PSYCHOLOGY  
"We're heading that way; we have the potential to turn around."



**Samie Vallo**  
SPEECH AND COMM. STUDIES  
"Oh, yes. I think we're in the depression."



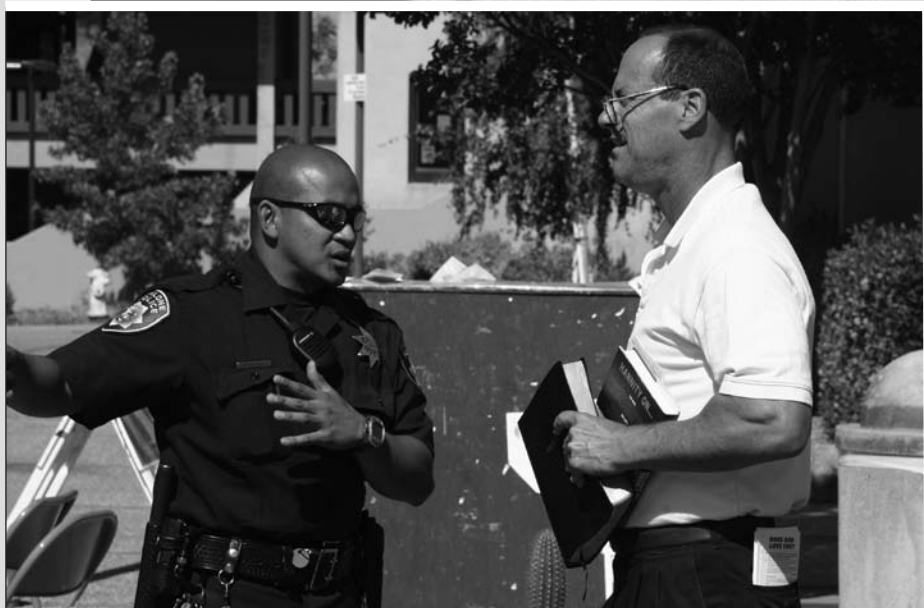
**Nonda Kozas**  
CIVIL ENGINEERING  
"We're in a recession, not a depression."



**Beverly Panopio**  
UNDECLARED  
"No, I don't think so, because this is as bad as it's going to get."

## Man discovers limits on free speech

Photos by Tomás Ortega



**On Tuesday David Trout, who campus security identified as a preacher, began to disturb the peace in the Quad area. Security spoke with Trout and escorted him to the campus Free Speech Area by the Palm Bosque.**

## Speaker examines flaws in health care system

By **NICOLE JOHNSON**  
Staff writer

Dr. Gessica Johnston presented a Brown Bag Seminar titled “Curing the Ailing U.S. Health Care System” on Friday Oct. 3.

Johnston is a general practice physician for the North Bay Vacaville Hospital in Vacaville as well as a biology instructor at Ohlone.

“This is not something we necessarily think about every day,” she said. “It could be your turn next; you never know. You could be driving down Mission Boulevard, get into an accident. It happens. You never know when you need the health care system,” said Dr. Johnston, who went on to ex-

plain the infant mortality rate and where the U.S. stands in comparison with other countries on a survey by the World Health Organization. On a span of 1-50 (1 being best, 50 being worst), the U.S. ranks number 37, while Singapore is number 1. The average spending per person by the government on health care is \$7,000 in the U.S. The U.S. ranks number 1; number 2 is Switzerland with \$2,000.

Johnston continued, saying the number of emergency rooms is dropping. As a result, they are being “jam-packed and overloaded.” A patient being transported by an ambulance is going to have to wait before getting treatment right away, such as a blood transfusion or other specialized services. The patients won’t be able to get the care they deserve because they “need more time than the doctor can spare.” Johnston

continued, examining the cost. “Why does it cost so much more in the U.S. to get decent medical care? The reason is waste and duplication of services.

“Doctors are being overworked but giving the best of care, cost of medicine is out of sight and drugs are unaffordable. Is there any hope on the horizon?” Johnston said there are two areas of hope: the first is consolidation and the second is providing ambulance services or means of pay if the patient is too sick to get to a hospital on their own.

Brown Bag Seminars are held the first Friday of every month in Room 3201. The next one will be held Oct. 17 and will be presented by Math Associate Professor Jeff O’Connell, who will present “‘21’ – the Math Behind the Movie.” O’Connell will explain the math behind card counting.

## LIFE club hopes to expand recycling opportunities

By **FARNOOSH VAHEDI**  
Staff writer

The Liberated Individuals for the Environment (LIFE) club of Ohlone has plans to set up additional recycling bins around campus. These bins are aimed at making it more convenient for students to recycle.

LIFE club President Kevin Feliciano said that they are only in the early planning stage of the plan, but hope they can get some assistance from Buildings and Grounds to help with the recycle plans

The current recycling efforts are performed solely by the LIFE club, wherein they go through the trash and separate the recyclable materials. It takes the LIFE

club about two hours every two weeks to go through them. Although the LIFE club makes some money out of recycling, they feel that should it be possible for Building and Grounds to step in and take over, if they are willing to.

The distribution of the bins is just a way to make it more convenient for students to recycle. “But we need a campus effort to ensure that we recycle,” said Feliciano.

Although no dates for implementation have been set as of yet, the mood is optimistic and hopes are that we can see them by the end of the month.

For more information about LIFE club, visit their website at [www.ohloneclub.com](http://www.ohloneclub.com).

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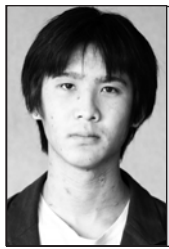


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### Corrections

The story entitled “A look at your future Board” in the Oct. 2 issue of the *Monitor* contained several inaccuracies. The article incorrectly quoted College Board of Trustees candidate Teresa Cox as saying that she wishes to move on to a four-year university after being elected to the Board. In fact,

Cox’s actual statement was that she hopes to help students move on to four-year universities after Ohlone. In addition, the story incorrectly referred to Board Member Bob Brunton as a “former Trustee.” Brunton is currently on the Board and is running for re-election. The *Monitor* regrets the errors.



From the  
basement

By **BRIAN CHU**  
Opinions editor

## Enviro- poseurs

In the wake of the economic crisis, it seems that a good number of greenwashed eco-zealots have finally snapped out of their crusader battle frenzy and have laid their arms down and retreated, at least temporarily. But why, you ask? Because they've come to same conclusion that I have. As much as I would love to preserve as much of nature as possible for my children, I would first like to be able to provide them and myself a comfortable life and a hopefully somewhat secure future.

The green movement is spearheaded by wealthy elite public figures looking for recognition and popular approval. The majority of its financial backers and market base are middle class professionals looking to soothe their guilty consciences. And most disturbing of all is that the most pious believers are college students and enviro hippies, people who don't have much money but truly believe in the cause and are exploited for their willingness to act and do labor without question or pay. The other two groups are too busy flying around in their private jets and being paid to give speeches, or patting themselves on the back and deluding each other that they're saving the environment to actually be useful.

My loyal readers, given the current market, when it comes down to saving money or saving the earth, the real green priority is the kind that is currently missing in your wallet. If you haven't already flipped out from looking at your portfolio or trust fund, I suggest you do so. The only reason you would shop at Whole Foods afterward would be out of caustic spite against me and your future down payment on a house. There are plenty of cheaper ways to convince your girlfriend that you are sexy, healthy and care about the environment.

As a former Boy Scout (albeit low-ranking) the mindset to respect and revere nature as a provider and living entity was passed onto me with the utmost serious tone. The credo was and still is "leave no trace," not "be a self-serving bandwagoning sackriding whiner." Do or do not, there is no try and there is certainly is no B.S. allowed. So take your overpriced overglorified underperforming pathetic excuse for a vehicle (which looks conspicuously like a giant whale's forehead by the way, yes Prius I'm talking about you) and drive it off a cliff. Slowly.

Because if you are truly hardcore then it's time to walk the talk and you know that means holding hands and singing kumbayah while freezing in an Alaskan snow desert, standing steadfast against giant bipedal robots with glowing eyes, laser cannons and drill hands. Giant drill hands.

# Prof. pioneered natural pesticide

By **JAPNEET KAUR**  
Staff writer

Mark Barnby - lean, covered in chalk dust and most frequently seen hurrying across campus in a great rush - is familiar to his students as the humorous and energetic professor of biology. What he is less known for is his endeavor into the Asiatic continent in the pursuit of finding natural alternatives to harmful pesticides.

He completed his undergraduate degree in zoology in his hometown, at the University of Louisville, and proceeded to get his Ph.D. at U.C. Berkeley in 1985. He was not quite ready to be independent and moved on to Salt Lake City for four years. There, he conducted post-doctoral research on native plants. He worked with natural-product chemists whose aim was to try and find new active molecules, and it was during this time that Professor Barnby traveled to India in hopes of discovering a natural insecticide.

The importance of a natural insecticide is especially apparent when pesticides like DDT are taken into consideration. Indiscriminate spraying of DDT in the U.S. was a threat to wildlife, and damaging to human health. It was seen to cause neuropsychological and psychiatric

symptoms, non-allergic asthma, diabetes, and even cancer. Barnby and others spent two months there, receiving samples through collectors with the National Institute of Health.

Their work paid off with the help of the neem tree, a species of tree that is principal to the Hindu culture and traditional Indian medicine. The significance of their discovery is that it made it possible to create a pesticide that produces no harmful effect on humans.

After his four-year stint in Salt Lake City, Barnby spent a year at the University of Georgia researching mosquito feeding, and worked with others in studying the neurological basis for blood feeding. He then went on to work for ISK, a Japanese company in Sunnyvale, where he was Research Laboratory Manager.

After this, he came to Ohlone and has been teaching here ever since. When asked if he missed research, he replied that he did, and might go back to it. He takes great interest in DNA sequencing and reading the genetic blueprint of unknown species.

He is turning 55 next month, though he doesn't look or act like it, and exhibits a great enthusiasm for the work that he does.



Photo by Japneet Kaur

**Mark Barnby prepares a lecture.**

## Peer mentors, here to help students

By **NICOLE JOHNSON**  
Staff writer

If you're looking for a friend, look no further. They're easy to find, have convenient office hours, and will help soothe out problems. If you're the quiet type of person and have a question, peer mentors will be there to answer it.

Unfortunately, the general student population is not aware of their existence. Peer mentors are not counselors; they are students on campus who reach out to other students.

Peer mentors have experienced what students are currently struggling with and can help ease the frustration that comes with being a

confused, fresh out of high school college student who doesn't know where to go and who to turn to. Peer mentors are located in a cubicle inside the Building 1 lobby on the coffee cart side. The peer mentors have been around for about six years and were formerly known as student ambassadors.

In order to become a peer mentor, you must take the peer mentors PD-180 class, be willing to help out other students and have attended Ohlone for at least one semester. Also, one must become a volunteer first - it's the same as training - for a couple of months.

No previous experience is necessary to become a peer mentor and applications are available online.

Aside from the regular cost of class, there is no need to pay to become a peer mentor. Peer mentors, do, however, get paid; it is an actual job. Peer mentors are made up of students only.

An improvement the peer mentors would like to see is when they reach out to students, they would like to get more responses. Their main concern is being the friend who points you in the right direction and assist students with transitions. Peer mentors are here to help students get the best out of Ohlone.

Peer mentors can help arrange for students to see a counselor, give campus tours, be available on orientation and welcome day; peer mentors will help with questions

students may have about WebAdvisor, the first week of school, and how to find your way around Ohlone.

Peer mentors range from students who have been at Ohlone for a couple of semesters to a couple of years. There are currently 12 peer mentors. No appointment is needed to see a peer mentor, but if you feel the need to set up a time, the best way to reach a peer mentor is [newstudent@ohlone.edu](mailto:newstudent@ohlone.edu). If you are interested in becoming a peer mentor, you should talk to the advisor, Allison Bly.

Peer mentors are available on Mondays from 1-3 p.m., Wednesdays from 1-3p.m. and Fridays from 10-3p.m. The peer mentors can also be reached at 510-979-7563.

## Mending the wounds of athletes

By **BENJAMIN CHANG**  
Staff writer

New Head Athletic Trainer Jeff Roberts has been working at Ohlone since Aug. 1. Roberts, said a athletic trainer is significantly different from a fitness trainer; instead of helping an individual lose weight or gain muscle mass, he helps injured students who participate in sports.

At Ohlone, Roberts helps injured athletes recover from their injuries and trains athletic trainers in training.

Roberts is a family man who has been married for 10 years. He has two sons that he "loves very much." Roberts also said that he is a "busy individual... [but] when I'm not working I spend time with my family."

Before working at Ohlone, Roberts worked for six years as a faculty member in kinesiology at San Jose State University.

Roberts has also worked at

schools as varied as Leland Stanford Junior University, Arizona University and Miami University in Oxford, Ohio.

He received his bachelor's degree from the University of Iowa before earning a masters in athletic training at Arizona University, and has plenty of experience under his belt.

Roberts also participates in the Exam Development Committee for the Board of Certification, which certifies people to become athletic trainers. Roberts helps create the exam that certifies the trainers in training.

Roberts said he enjoys what he does and that is what makes him more qualified than most.

Although he has only been at Ohlone for two months, Roberts said, "it is a pleasure to be here and although I have only been here for two months, I [already] feel very comfortable and thoroughly enjoy Ohlone."



Photo by Andrew Le

**Jeff Roberts is the new head athletic trainer.**

## Ohlone Indians gather at Coyote Hills



The Ohlone peoples came together at Coyote Hills over the weekend for the annual gathering of Ohlone tribes. Clockwise from top: a young boy examines an authentic Ohlone-style house, a young Humaya dancer of the Costanoan-Rumsen Carmel Tribe looks on, a mask at the story-telling booth, a woman carving her own flute, kids playing the Ohlone game “hoop and pole,” a sample of string made from dogbane.



Photos by Japneet Kaur



**Weighing Anchor**

By **ERIC DORMAN**  
Editor-in-chief

## Keep mud off ballot

They're down in the polls. Their attacks on their opponents' policy haven't worked. So it came as no surprise last weekend when the McCain-Palin campaign announced that it would be shifting its focus from attacking Obama's ideas to smearing his character.

Nobody mentioned the word “smear” in the pledge by campaign aides to “get tougher” on Obama over the coming month, but the intent has already become clear. They haven't outlined a specific strategy, but it isn't hard to guess the plot: Obama will be called a Muslim (indirectly) and un-American (directly). We've seen this script before, and There Will Be Mud.

Though professed to be a Washington outsider, Vice Presidential candidate Sarah Palin has caught on to Washington politics easily, hinting last Saturday that Obama might be a terrorist supporter by citing his ties to Bill Ayers, leader of a 1960s militant group. In fact, the allegations were simply untrue—while Obama at one time served in the same charity as Ayers, he did not have further contact with him and has denounced Ayers's actions. Palin and McCain both know it, but they'll keep digging up similar allegations and hurling them at Obama.

Why? The sad reason is, because spreading fear and doubt about a candidate works. No matter how much we profess to make our presidential choices based on their intelligence and leadership abilities, the simple fact remains that when the race comes down to the wire, we pick the candidate we're less afraid of. In 2000, we voted for Bush because we felt we understood him better than we did Gore. In 2004, we voted for Bush again because we felt twinges of doubt, implanted by the GOP through its “Swift boat” smear campaign, that Kerry wasn't really the hero he said he was. And now, the McCain campaign is betting that we'll make the same kind of decision on election day, choosing a “safe” conservative who will lead us down the same path we're already treading over a young, charismatic individual who holds a real chance at steering us off that downward path, but who looks and acts different from the presidents we're used to. And the McCain campaign knows that if it can take those differences in looks and actions and use them to label Obama as un-American, voters' fear will take over and tip the balance in their favor.

So let's buck the trend this election. It's time to make a decision based not on fears instilled by negative campaigning, but on who we really believe will make America a better and stronger country.

Don't let the mud stain your ballot.



# Peaceful martial art

By **WILLIAM O. MARTIN**  
Staff writer

Qigong Grand Masters from the Chinese Health Qigong Association will be visiting the Ohlone Newark Campus with the intention of spreading the Chinese martial art form of Qigong on Oct. 11 and 12. The Grand Masters will introduce four simple forms of the martial art.

Qigong focuses on movements and breathing, in order to clear the mind and promote healthy lifestyles. The movements are simple actions such as turning, extending and the pulling of muscles, bones, and joints, including spinal exercises for flexibility and reducing stress.

Qigong traditionally has been practiced in Taoist and Buddhist monasteries in order to help the monks concentrate energy, and is believed to increase the mental and physical health of its practitioners.

The four forms that will be taught and demonstrated in the symposium are called Five Animal Frolics, Bone Marrow Washing, Six Healing Sounds and Eight Section Brocade.

According to Robin Kurotori, who is the Health, Fitness and Wellness Program Director at Ohlone, their stop at Ohlone will be the only west coast symposium they have scheduled. "This is a fabulous opportunity for Ohlone in terms of cultural exchange and health education," said Kurotori.

Millions of people practice Qigong in China and throughout the world in hopes of improving their health in general, and maintain a vigorous mind and soul. "Qi" means "breath" in Chinese, while "gong" means "work." Thus "Qi-gong" translates into "breath work."

The price for the two-day seminar is \$275. You can go to the Saturday seminar, though and purchase a one-day pass for \$140 at the door or the Sunday seminar for \$160 at the door.

"Although the price for the

workshop may seem a bit steep, the benefits are priceless. Documented benefits improve enhancement in bone and tendon strength, balance, stress reduction, flexibility, just to name a few," added Kurotori.

On Saturday, the teachings will begin at 9 a.m. and will last till 5 p.m. The Grand Masters will have a presentation and demonstration. Following their lessons, there will be some participatory learning, accompanied by a lunch provided for in the activity fee.

On Sunday, the symposium will last until 6 p.m. A demonstration and discussion will be held followed by lunch. To conclude the symposium, the Grand Masters will break the class into smaller, more personal groups in order to go over some drills and review.

For information, go to [www.ohlone.edu/instr/wellnesscenter/20081000qigongsymposium.html](http://www.ohlone.edu/instr/wellnesscenter/20081000qigongsymposium.html).

# Children

*Continued from Page 1*  
establishing precepts such as science among other concepts is essential. Techniques such as "innovation," application of materials learned versus merely rote memorizing are part of a major move across all subjects to improve teaching.

Applying such techniques, such as educating teachers, is often reliant on funding, however.

"As with all good things in education, [teaching programs are] tied to money," said Berkowitz during her workshop on classroom science teaching aids.

# Exchange at Ohlone

By **KATHY SUNG**  
Staff writer

Next summer, Ohlone may offer an international exchange program with a school in China. The relations between Ohlone and Chinese colleges are strengthening: the college recently welcomed Professor Jie Mei from the College of Music, Liaoning Normal University, Dalian, China. Professor Mei came to Ohlone last January to March for three months to begin creating a possible international student exchange program.

Ohlone was offered a Business International Education (BIE) grant for \$168,000 just this past March. Jie Mei, the Vice Chairman of the Vocal Department, is scouting Ohlone's campus for incoming students.


According to Professor of Computer Studies Xisheng Fang, "[International Programs Director] Eddie West has worked very hard to increase international enrollment." International enrollment has increased from 65 to 235 students. All of the money that these international students pay, about \$5,000 a semester, becomes revenue for Ohlone.

According to Fang, Ohlone Music Professor Dennis Keller said, "This type of exchange is greatly beneficial for Ohlone and Chinese faculty and students." West said Ohlone has "Played a pioneer role in the American education system to support this exchange."

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## October

**9 Academics** - Last day to apply for fall 2008 Graduation or Certificate of Achievement

**9 National Depression Screening Day** - Free screening for those who need it in the Ohlone Health Center from 9 a.m. until 2 p.m. and 4-7 p.m.

**9 Men's Water Polo** - Away vs. Solano College at 3:30 p.m.

**9 Women's Water Polo** - Away vs. College of Marin at 3:30 p.m.

**9 Women's Volleyball** - Home vs. SFCC at 6:30 p.m.

**10 Women's Soccer** - Home vs. CCSF at 1:30 p.m.

**10 Men's Soccer** - Home vs. Canada College at 4 p.m.

**10 Women's Volleyball** - Home vs. Hartnell College at 6:30 p.m.

**10-11 Women's Water Polo** - River City Tournament vs. Sierra College in Rocklin.

**10 LIFE Club** - General Meeting in the Palm Bosque at noon.

**10 Baseball - Home vs. Monterey Peninsula at 4 p.m.**

**11 Ohlone College Flea Market** - Located in parking lots E and H. Parking is \$2.

**11 Softball** - Away vs. Santa Clara University at noon.

**11 Softball** - Away vs. College of San Mateo at 2 p.m.

**11-12 Qigong Symposium** - Grandmasters from China at Newark Campus at 9 a.m.

**12 Women's Softball** - Away vs. Chico at noon.

**12 Women's Softball** - Away vs. Sacramento City College at 4 p.m.

## JOBS

For information on Jobs and Career Resources, visit the Student Success Center in Room 1403 or go online at [www.ohlone.edu/org/ssc/](http://www.ohlone.edu/org/ssc/)

**13 Blood Drive** - Donate blood in the Fremont campus cafeteria from 9 a.m. until 3 p.m.

**13-17 Make-A-Wish Week** - Buy a star for \$1. Sponsored by Campus Activities Department, Make-A-Wish Club. Hours 11 a.m. to 2 p.m., lobby of Building 1.

**14 Reception** - Welcoming new hires to Ohlone College in Room 5209 at 1:30 p.m.

**14 Gay Straight Alliance (GSA)** - Meeting in Room SC-116 at 2 p.m.

**14 ASOC** - Meeting in Room 6105 at 4 p.m.

**14 Men's Soccer** - Away vs. Hartnell College at 4 p.m.

**14 Women's Soccer** - Home vs. Evergreen College at 4 p.m.

**15 Faculty Senate** - Meeting in Room 1307 at 3 p.m.

**15 Women's Volleyball** - Away vs. West Valley College at 6:30 p.m.

**16 Board of Trustees Candidates** - Forum in Room 3201 at 4 p.m.

**17 Brown Bag Seminar** - 21: The Math Behind the Movie. Room 3201 at 1 p.m.

**17 Men's Soccer** - Home vs. DeAnza College at 4 p.m.

**Women's Soccer** - Away vs. Las Positas at 4 p.m.

**17 Women's Volleyball** - Away vs. Cabrillo College at 6:30 p.m.

**18 Smith Center Presents** - Richard Glazier on the piano in the Jackson Theatre at 8 p.m.

**18 Men's Baseball** - Home vs. West Valley College at 10 a.m.

**18 Women's Softball** - Away vs. Sonoma State University at 2:15 p.m.

**18 Women's Water Polo** - Away vs. San Joaquin

Delta /Fresno City Colleges at 3:30 p.m.

**18 Women's Softball** - Away vs. Sacramento City College at 4 p.m.

**20 College Council** - Meeting in Room 1307 at 3 p.m.

**21 GSA** - Meeting in Room SC-116 at 2 p.m.

**21 TechComm** - Meeting in Room 1407 at 2 p.m.

**21 ASOC** - Meeting in Room 6105 at 4 p.m.

**21 Men's Soccer** - Away vs. Cabrillo College at 4 p.m.

**21 Women's Soccer** - Home vs. Skyline College at 4 p.m.

**22 Women's Water Polo** - Home vs. West Valley College at 3 p.m.

**22 Men's Water Polo** - Home vs. West Valley College at 4 p.m.

**22 Board of Trustees** - Meeting at 7 p.m. on Fremont Campus in Child Development Center.

**23 Art Gallery** - "Dark Designs" Theater Show in Louie-Meager Art Gallery until Nov. 1.

**23-25 Halloween Trilogy** - week 1 in Jackson Theatre at 8 p.m.

**24 Women's Water Polo** - Home vs. Foothill College at 3:30 p.m.

**24 Men's Soccer** - Away vs. Mission College at 4 p.m.

**24 Women's Soccer** - Away vs. Foothill College at 4 p.m.

**24 Women's Volleyball** -

Away vs. SJCC at 6:30 p.m.

**25 "Dark Designs"** - Theatre Show Reception at 7 p.m. in Art Gallery.

**28 Women's Soccer** - Home vs. Cabrillo College at 1:30 p.m.

**28 ASOC** - Meeting in Room 6105 at 4 p.m.

**28 Men's Soccer** - Home vs. Monterey Peninsula College at 4 p.m.

**29 Women's Volleyball** - Away vs. Gavilan College at 6:30 p.m.

**29 Flu Shots** - Get your flu shot at the Newark Center from 9 until noon in Room NC1214.

**29 Men's & Women's Water Polo** - Away vs. Modesto Jr. College at 3 p.m. and 4 p.m.

## TRANSFER EVENTS

*If this is your last year at Ohlone College before transferring, check out this workshop to have a smooth and successful transfer experience:*

**10/13, 12pm - 1pm, Hyman Hall 118**

### UC Personal Statement Workshop

**10/14, 12pm - 1pm, Room 3102**

**10/16, 1pm - 2pm, Room 3102**

### Work on Your Admissions Applications!!

**10/16, 2pm - 4pm, Hyman Hall 113**

**CSU East Bay, St. Mary's College of California, and DeVry University are coming!**

**Check the online calendar for dates, times, locations, and make appointments at:**

**[www.ohlone.edu/go/transfercalendar](http://www.ohlone.edu/go/transfercalendar)**

**Transfer Center ~ Room 1102C, Bldg 1  
(510) 659-6241 ~ [transfer@ohlone.edu](mailto:transfer@ohlone.edu)**

**Read the Monitor Online at <http://ohlone.edu/org/monitor>**

The Monitor invites your comments. Letters should be 250 words or less and include your name and relationship to Ohlone. Letters become property of The Monitor and may be edited for spelling and length. Campus Events listings are free for college-related events.

To have your event added or to place an ad, contact Jacque Orvis at (510) 659-6075 or e-mail [monitorads@ohlone.edu](mailto:monitorads@ohlone.edu)



**Third and Five...**

By **JEFF WEISINGER**  
*Sports editor*

**Are you for real?**

With Patriots quarterback Tom Brady out for the season, the path to the Super Bowl has been opened wide, as some teams in the NFL have stepped up and are fighting for playoff contention, some of them for the first time in almost 10 years.

As for the heads of the class, the defending Super Bowl champion New York Giants and the up-and-coming Tennessee Titans are the lone undefeated teams in their respective conferences, and (barring a Mets-style collapse) will play in January.

Tennessee began to play consistent defense and quarterback Kerry Collins has done a near-perfect job running the offense in relief of Vince Young. If Tennessee makes the playoffs, Jeff Fisher should be named coach of the year just based on what he has done to keep that team sane.

The Giants have continued their clutch offensive play from last year's Super Bowl run, and their defense has stayed strong, even without a retired Michael Strahan and an injured Osi Umenyiora.

However, the question is, how long can quarterback Eli Manning continue his steady play?

And speaking of Giants quarterbacks (or former ones), welcome back Kurt Warner!

All the 37-year-old has done is throw for almost 1500 yards in 5 games, leading his team to a division leading 3-2 record.

Then there's the Buffalo Bills, who have shocked the football world. After naming former Stanford product Trent Edwards the team's starting quarterback over J.P. Losman, the Bills are 6-3 dating back to last year, not to mention that he led the Bills to a 4-0 start on the season before losing to Arizona last Sunday.

And then there are the big disappointments.

Although Philip Rivers has played well, LaDanian Tomlinson hasn't and neither has San Diego's defense, especially without All-Pro Shawn Merriman. However, in a weak AFC West division, if San Diego can just beat Denver (minus any wrong calls), they might have a chance.

That might not be the same for a team like Minnesota, who relied on the wrong quarterback (Tavaris Jackson) and have to play in a tough NFC North division with teams like Green Bay and a revived Chicago team.

The Vikings should beat Detroit though. Easily.

As far as the 49ers and Raiders go... There's always next year to look forward to.



Photo by Tomás Ortega

**The Renegades could only look on as Chabot went around and through Ohlone in the Gladiators' 8-3 win against the winless Renegades Tuesday night.**

**Men's soccer 'Not feeling it' against Chabot; remains winless**

By **ANKITA CHHABRA**  
*Sports writer*

The "improvement" streak that the Men's soccer team has been riding came to a crashing halt Tuesday night as the Ohlone Renegades lost to their rival Chabot Gladiators 8-3.

Ohlone goalie Iman Aghel said he "wasn't feeling it today" when he was asked what happened against the Gladiators.

Although the Renegades outshot the Gladiators 14-10. Chabot was nearly unstoppable offensively as they dominated the Renegade

goalkeeper

The Renegades started strong offensively in the first half, keeping possession, until Chabot forward Chris Nguyen slipped a goal past Ohlone's Aghel to open the scoring 1-0 for Chabot.

Chabot's Jean Carlos Farfan would score three more goals in the first half to give Chabot a 4-0 halftime lead.

As if a 4-0 deficit was not enough, the Renegades allowed two more goals just five minutes into the second half, and then two more to the second team toward the end of the game.

With less than 15 minutes left in

the game and the starting lineup for the Gladiators out, Ohlone scored their first goal as Ivan Esponzoza found a way to beat Chabot's Salvador Gonzalez. The other two goals came by Michael Ugbeme and Danielle Galloway against the Gladiators, who even though were up by 8-1 kept control offensively.

Almost all of the Renegades' attempts fell short against the Gladiator's goalkeeper Salvador Gonzalez, who had a stellar night, preventing almost all of the 14 attempts by Ohlone.

"They just got their goals in because they carried through, and

we didn't," said Renegades head coach Don Williams, who is hoping that the three goals-the most the men have scored in a game this season- will inspire his team for the remainder of the season.

Struggling with key injuries, an 0-11 record, and a goalkeeper who "wasn't feeling it," on Tuesday night, coach Williams has quite a challenge on his hands, but is hoping that the men are learning from their mistakes going into Friday's game.

The Men's soccer team will continue the journey for win number one tomorrow as they will take on Cañada College at home at 4 p.m.

**Defense shines in Chabot tie, offense takes over in 4-2 win against Lemoore**

By **TOMÁS ORTEGA**  
*Sports writer*

Friday afternoon's soccer match between the Lady Renegades and Chabot Gladiators resulted in a tie at nil. Neither team had too many opportunities to score for the 95 minutes of play.

Ohlone's best chance to score came in the 35<sup>th</sup> minute, when Ohlone forward Fannie Koloko-Green broke free and flew upfield,

but unfortunately for Koloko-Green, she ran into the keeper with her best chance at scoring.

For Chabot, they nearly scored easily on a near mishap by Ohlone's keeper at the end of the first half.

Ohlone goalkeeper Danielle Anderson stopped a key corner by Chabot to prevent the score for the Lady Gladiators.

The second half had no real dominant team as Ohlone and Chabot went back and forth with their at-

tempts on goal with none coming into maturation. A great stop here and there by both goalkeepers in the second half and in extra time kept the final score a 0-0 tie.

Head Coach Larry Heslin said his team could have come out with a victory. Coming into the game knowing they were facing their arch rivals, Heslin also said his squad matched up "very similarly" to rival Chabot.

The scoreless drought wouldn't

last long against West Hills on Tuesday, however, as the Lady Renegades scored four on a struggling Lady Golden Eagles squad as Ohlone won 4-2.

Koloko-Green added another goal to her team-leading seven goals, along with Alyssa Henderson scoring once and Corinna Hassey scored twice.

The Lady Renegades face City College of San Francisco at home tomorrow at 1:30 p.m.

**Upcoming home games**

**Soccer**

**FRIDAY OCT. 10: DOUBLEHEADER**  
 - WOMEN'S VS. CCSE, 1:30 PM  
 - MEN'S VS. CAÑADA, 4 P.M.

**TUESDAY OCT. 14:**  
 WOMEN'S VS.  
 EVERGREEN VALLEY, 4 P.M.

**Volleyball**

**FRIDAY OCT. 10:**  
 VS. HARTNELL, 6:30 P.M.

**WEDNESDAY OCT. 15:**  
 VS. WEST VALLEY, 6:30 P.M.

**Water Polo**

**WEDNESDAY OCT. 15: DOUBLEHEADER**  
 - WOMEN'S VS. DEANZA, 3 P.M.  
 - MEN'S VS. DEANZA, 4 P.M.

**WEDNESDAY OCT. 22: DOUBLEHEADER**  
 -WOMEN'S VS. WEST VALLEY, 3 P.M.  
 -MEN'S VS. WEST VALLEY, 4 P.M.