Real Rain Man at Ohlone

By CHERYL WEST
Staff writer and photographer

Writer Barry Marrow’s Grammy award-winning movie Rain Man changed Kim Peeks life for good. The main character, Raymond Babbit played by Dustin Hoffman, was inspired by Peeks life of being a mega savant.

Unlike Hoffman’s character, Peek doesn’t have autism but has, what neuron scientists now call, FG syndrome, which consists of physical and social development delays. Peek was born in 1951 in Salt Lake City, Utah, where he has lived all his life.

Doctors diagnosed him with macrocephaly, damage to the cerebelum and the corpus callosum in his brain. Lacking the connecting fibers, the two cerebral hemispheres are not connected and are missing the anterior commissure, the secondary connection.

Doctors told Peek’s parents that he most likely wouldn’t live after the age of 14. Despite the fact his mother left in 1975, Peek’s father, Fran, became his primary caretaker. Along with Peek’s disabilities came his extraordinary memory.

At the age of 3 years old, Peek began to read books, finishing them in an hour if not in less. Since the Left and Right sides of his brain are not connected, he reads each page separately but consecutively with each eye at a rate of 8 to 10 seconds per page.

The time to get Physical

By TOLU DAYO
Staff writer

Many students striving to make it into the nursing program at Ohlone have turned down partial because so many students with great GPAs have applied. Have you been turned down?

Since the medical field is so diverse many, if not all, have taken Anatomy & Physiology which is a prerequisite joining the Physical Therapy Assistant (PTA) program at Ohlone.

This program is one of three accredited in California. Approximately 40 people applied last year and 20-24 people were chosen.

What is Physical Therapy? This is a health care profession that emphasizes the science of Pathokinesiology and applications of other techniques for the prevention and treatment of disorders of human motion to restore main function.

The focus is on a variety of techniques assisting in restoring functions by use of exercises, manual techniques, massage and assistive devices such as wheel chairs, splints and braces.

If you are considering our PTA program you must first register in the Introductory Program to PTA. Intro to Physical Therapy is a great way to see if you want to become a Physical Therapist Assistant because the intro course provides a overview of Physical Therapy as a field. Intro to PT Students learn a variety of hands-on techniques such as proper positioning and draping. In addition, regulations and requirements by the state are strictly enforced.

What is an advantage to the Introduction to PT? PTA instructor Kathy Utchen Rice said, “If you prefer not to work with needles yet and [prefer] into a physical derived of things, you might want to consider taking an Intro to PT.”

In addition, “We have never had a PTA graduate come back to me and say they had a problem with finding a job; I have been here from the beginning.”

Are you interested in working with children, adults or any population of people? This particular medical field is wide open. So many people have focused on one portion of health care so long that we have forgotten the many other options in health care of which are growing.

Due to the advancement in the field of Physical Therapy, PTA’s can work in any type of environment that he/she chooses.

“What job does you allow that much freedom?” exclaimed PT instructor Rice. She also happened to mention the salary of which ranges from $40K to $60K with a possibility of even 70K along with benefits and sign on bonus.

For any additional information regarding the program or prerequisites contact Maria Ramirez letterhead PTA program counselor, or Sheryl Einfalt PTA program director for more information.

Food Diva

By ASHLEY MCKENZIE
Food columnist

Bad Vegas

The reason I decided to go to Las Vegas was to celebrate my 21st birthday. I wanted my birthday dinner to be nothing less than spectacular.

I was watching a Rachel Ray show on Food Network, and she had suggested quite a few places to check out while in Vegas, but the one place she said I must go is Carnevino. I took Rachel Ray’s advice, and have never been so thoroughly disappointed in my entire life.

Carnevino is the latest creation of Mario Batali, a Food Network chef and his partner Joe Bastianich, a winemaker. As partners, they have a already opened two other restaurants in Las Vegas, both that opened to excellent reviews. I however, do not have excellent reviews of Carnevino.

Firstly, Carnevino’s is unbelievably expensive. A classic porterhouse, which at Carnevino’s was big enough to feed two, was $70 per person! A bone in ribeye, also big enough to feed two, was $65 a person. Even the classic 8 oz. filet mignon, which at Carnevino’s was cooked medium rare, was $50! I mean come on, how much does a porterhouse do you think I can afford to spend on a porterhouse that is more than spectacular.

The price of an appetizer portion of pasta ranges anywhere between $15 to $20, and if you want a entrée size, you must add $15 to the price of whatever particular pasta you chose.

I don’t want to come across as being ungrateful, but I’m just saying the prices were outrageous. I ordered filet mignon, but in different sizes and different levels of doneness. I ordered my 8 oz. cooked medium well, and believe me, I say wanted her 12 oz. cooked medium rare.

Our waitress served us steak that was cooked incorrect. Mine was cooked medium rare and Lindsay’s was cooked medium rare.

After our food was served to us, our waitress disappeared for 20 minutes. By the time she came back to our table to check on how our food was, it was too late and half our meal was gone. She did not check back with us frequently enough to have earned her twenty percent gratuity.

On top of that, entrees, in any restaurant but especially in a fancy restaurants, are presented in tantalizing and imaginative ways; decoration for the eyes to build up anticipation of your first bite. Our meal was slapped on a plate and that was it. This would have been fine if the meat we had ordered had a ribeye, a porterhouse or even a bone in New York strip, but we had ordered smaller pieces of steak and the plates were too small to serve where the enormous ones used for the giant pieces of meat that could feed two people. All we could do was look at our plates and think, “This is what I’m paying $40 for?”

There was no presentation, no pizzazz and no appeal, just a tiny piece of meat slapped on a gigantic plate. I really don’t mind paying $40 for an entrée, but it better be aesthetically pleasing and it better be cooked right.

My entree was absolutely disappointing. Lindsay ordered the broccoli with house smoked pork and currects and my mother ordered the summer entree. I was just too scared to try the corn as the broccoli was so overloaded I not only wasn’t scared but gagged. I could literally feel my blood pressure go up as I swallowed my food.

I now know why the restaurant was so empty. I think we had gone in at 8:45 p.m. on a Friday night, on a major fight-night weekend. This restaurant is severely and utterly disappointing.

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November 7 – November 8 at the Student Health Center from 9am to 2pm, & 4pm to 7pm.

Contact the Ohlone Student Health Center for more information.

October 7 – October 8

Food

Diva

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Features

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New improved Ohlone Student Health Center

By NELAM RAFIQ
Staff writer

The Health Center has recently been moved from the small, worn out uncomfortable portables, to the nice, newly built Building seven. Not only has the location changed, but several additional technologies have been added to our already superb facility.

The building looks much more roomy and professional, as compared to that of the old Building 16 where the Health Center used to be. Students, and especially the staff members feel much more comfortable in the new building. Every Health Center staff member has his or her own individual rooms, and the rooms look much more spacey and "clinical" than those of the old portables.

Rain Man

Continued from Page 4

exact. He has been called the "living Google" and has been said to be "in love with knowledge." He

Peek lacks the understanding of metaphorical phrases, but when asked about his father he said "My dad and I share the same shadow."

Fran has been an understanding, patient, and loving father by taking care of his son through his struggle with poor motor skills to his advancements in life as well.

After the success of Rain Man, Peek gained more social skills and a sense of humor. Having gained those qualities made him the most famous savant of our time.

With thanks to the ASOC and the Psychology Club and department, Peek will be at the Ohlone College Jackson Theatre on Oct. 30 at 7:30pm. So come out and be a witness to the real rain man.

Dont blame the Three Little Pigs for Swine Flu

By MANIRA CASTERLINE
Opinions editor

The brown bag seminar entitled “Viruses: influenzas, and Swine origin 2009 a (H1N1)” focused primarily on the numerous misconceptions that the general public has about viruses. Dr. James Baxter said that this common mistake is that society generally believes that viruses are “alive.” And also viruses tend to be small in terms of size.

Viruses go through a genetic process that creates antigens, which are foreign molecules that help an individual from relapsing from the same type of illness. In the short term, it kills affected cells while in the long term it make antibodies. Antibodies then bind to the anti gens and disable viruses. Memory cells are developed, which is what scientists utilize in order to create a vaccine.

The basic life cycle that a virus goes through is attachment, penetration, uncoating, replication, and assembly. During attachment, viral capsid proteins bind to receptors on the host surface. Viruses then gain access to the host cell through either a mediated endocytosis or membrane fusion, which is the penetration. Uncoating is when the virus releases viral nucleic acid. Viral replication requires the messenger RNA to synthesize. And finally the virus particles assemble.

The most widely spread virus is influenza aka the flu. It falls under three types; A, B, and C. Type A is limited to be a human to human virus only. Type B includes both humans and swine. But, Type C is inclusive of multiple carrier mammals. Type A is the most prevalent among the populace and only evolves into a pandemic when genetic reassort ment occurs. A genetic reassortment is when a virus is transferred from one species to another; such as from bird to human.

Baxter said, “Approximately 5 percent to 15 percent of the global population get influenza each year. People die of the flu per year with U.S making up 34,000 of those deaths.

The latest virus scare happened this past spring with the emergence of 2009 A H1N1. It has been highly publicized that it had originated from swine. However, the pigs are not at fault for the recent scare. Despite being called H1N1 the virus is a human to human disease. And there are currently four genetically different types of H1N1. All of which can trace their lineage back to the Spanish Flu of 1918.

The next Brown Bag seminar by this department, “How Sixth Grade math keeps your Facebook password safe; RSA encryption: what it is and how does it work?” will be held on Friday, Oct. 16. For more information on the next seminar contact Jeff O’Connell.

Sally Bratton who, is head nurse of Ohlone’s new Student Health Center, is seen assisting students at the new Center in Building 7. Bratton’s expertise allows her to perform minor surgeries.

Photo by David Egpperson

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