

Lady Renegades basketball looking to 2011 season

By KYLE NORDEEN
Sports editor

The 2010-11 season was another strong year for the Lady Renegades.

The women's basketball team followed up back-to-back undefeated conference seasons with an 11-1 Coast Conference record and an overall record of 21-8.

The team had some momentum heading into the postseason having won their last three conference games and earning a No. 6 seed in the CCCAA Regionals.

Ohlone drew Butte College, but were delivered an early exit when they lost 58-54.

"Looking back on that, I think the biggest thing was our ability to show up every day," said head coach Julia Allender.

"If you watched the game film, having seen us play before, we just didn't play well. Whether that be pressure with a young team, mentally kind of checking out because of that, too much anxiety or anxious-



Photo by Kyle Nordeen

Head Coach Julia Allender has the Lady Renegades poised to continue their success in the 2011.

ness on wanting to perform well..."

The conference that the Renegades play in isn't the strongest for women's basketball.

Not to discount the accomplishments of the team or the quality of their competition, but having a 35-1 record in conference over the past three seasons can give a team some problems come playoff time.

"We don't play in the strongest conference, so leading

up to a playoff game, it's just tough," said Allender.

"Keeping them mentally checked in... [we] really needed to demand perfection. Not trying to ride the high horse... we're not challenged enough every day, in that sense, in our conference."

The constant turnover of having some athletes for only two years — and sometimes for just a single season — can make it difficult to translate success from year to year, but

Allender has been making it work, having compiled 40 wins during her first two full seasons as head coach.

"I enjoy being successful. I enjoy working very hard... It's how you transfer that to the kids that you have... You kind of start from ground zero every single year."

Maintaining a strong core not only for preserving talent, but displaying leadership qualities, is essential to a team's success.

When the younger, newer squad members see how the veterans carry themselves at this level of competition, their new teammates want to imitate that behavior.

"Our returning core is better in the sense of, skill-wise [for one], work ethic [for two] and leadership where I have four kids who everyday, every drill, everything we do, they just go all out."

"Their consistency is good and its bringing the rest of them up to that level."

The Renegades will be without the services of one of their bigger players, Alexis

Robinson, who decided to not return this season. Her motivation to leave is unknown to Allender, but her absence will make the team much smaller than last year.

"That brings our size down. That bring our post play [down]," said Allender. "She could play, for sure."

With Robison's departure, Allender plans on a lot of guard play and a being a much quicker team that likes to get in transition.

"We like to get to the rim. We attack very well off the dribble. I think we share the ball really well. My guards see the floor very well," said Allender

"We need to create a lot of our offense defensively. To get out and run."

This season is shaping up to be another strong campaign for the Renegades and Allender is ready to hit the court.

"It will be an interesting year for us," she said. "Expectations are high."

Their season begins on Nov. 8 when they play Fresno City College at home at 5 p.m.

October

27 - Careers in Communication Panel Discussion
Room NC-1100, Newark campus
10 a.m.

27 - Soul Surge
Cafeteria, Building 5, second floor
11 a.m.

27 - Men's Baseball Fall 2011 Scrimmage - College of San Mateo (home)
2 p.m.

27 - Movie: Temple Grandin (only for Ohlone students and staff)
Room 2204
3 p.m.

27 - Exploring Private Colleges as a Transfer Option
Room 8206
3:15 p.m.

28 - Financial Aid Basics for Transfer Students
Room 3201
11 a.m.

28 - Men's Baseball Fall 2011 Scrimmage - Laney College (away)
2:30 p.m.

28 - Men's Water Polo - Solano College (home) - DH
3 p.m.

28 - Men's Soccer - Skyline College (home)
4 p.m.

28 - Women's Water Polo - College of San Mateo (home) - DH
4:30 p.m.

28 - Women's Volleyball - De Anza College (home)
6:30 p.m.

28 - Dr. Anthony Pratkanis, "Selling FlimFlam"
The Social Psychology of Influence (Psychology Club Speaker Series)
Jackson Theatre, Smith Center
Tickets: General Admission \$10 - buy tickets at the Smith Center Box Office
7 p.m.

29 - CSU East Bay Preview Day at California State University, East Bay
8:30 a.m.

29 - CSU San Bernardino Open House at California State University, San Bernardino
1:30 p.m.

29 - UCLA Theater, Film & Television Information Sessions
UCLA James Bridges Theater in Los Angeles
10 a.m.

29 - John F. Kennedy Fall Open House at JFK University
10:30 a.m.

30 - Picture Yourself at UC Berkeley (Transfer Event)
2 p.m.

31 - Inter Club Council (ICC) Meeting
Room 7101
4:30 p.m.

November

1 - Facilities Committee Meeting
Room 7101
10:30 a.m.

1 - Dia De Los Muertos Campus Celebration
Cafeteria, Building 5, second floor
Noon

1 - Women's Soccer - Chabot College (away)
1:30 p.m.

1 - Men's Soccer - City College of San Francisco (home)
4 p.m.

1 - ASOC Meeting
Room 7101
4 p.m.

2 - UCLA - University Rep. Visit
Transfer Center, Building 7, 3rd Floor Lobby
10 a.m.

2 - UCLA Transfer Workshop
Room 7101
Noon

2 - Dia De Los Muertos Altar Display & Reception
Library, Building 1, third floor
Noon

2 - Faculty Senate Meeting
Room 7101
3:30 p.m.

2 - Women's Volleyball - San Jose City College (home)
6:30 p.m.

3 - San Francisco State University - University Rep. Visit
Building 7, 3rd floor lobby
10 a.m.

3 - St. Mary's College of California Transfer Info Session at St. Mary's College of California
3 p.m.

3 - General Advising Sessions for CSUEB Nursing Program
Admission at California State University, East Bay
4 p.m.

3 - (Ohlone College Employees Preview) Fall 2011 Theatre Production: Servant of Two Masters
NUMMI Theatre, Smith Center
8 p.m.