

## *Fixed and Floating Workshops Offered 2010-11*

<i>Workshop #</i>	<i>Workshop_Topic</i>	<i>Synopsis</i>	<i>Date</i>
1227	Make your retirement income last a lifetime	When I retire how much will I get? Should I purchase additional service credit? What are the advantages and disadvantages of tax deferred investments; How much can I contribute to a 457 or 403B plan(s). Facilitated by Jeanne Bente.	4/22/2011
1228	CalPERS- CalPERS Representative	You won't want to miss this workshop if you are a PERS member. The information provided will be invaluable to you whether you are just starting out your career or thinking of retiring.	4/22/2011
1229	Yoga / Meditation	This popular workshop will provide you with techniques you can use during the day to relieve stress and feel refreshed. Facilitated by Deb Parziale, Stress Relief.	4/22/2011
1230	Microsoft Outlook	Tips and Tricks: automate common tasks; share your calendar; view your email messages by conversation; manage email messages by rules; clear up redundant messages; and more! Facilitated by Bruce Griffin, Vy Anderson.	4/22/2011
1231	Leadership Small Group Discussion	Learn how to start a lunchtime discussion group; techniques to expand weekly discussions; resources available to support progress; the panelists will discuss some of the concepts discussed since the learning group started last fall.	4/22/2011
1232	Developing Key Computer Skills	Learn key computer skills for accessing emails, conducting research, viewing District's websites, getting technical assistance. Facilitated by Daman Grewal, Jennifer Druley.	4/22/2011
1233	Datatel University- Tips and Tricks	Having a hard time maneuvering in Datatel? Wish there was someone you could ask a quick question and get a quick answer? Bring your questions to this highly interactive workshop. Facilitated by Don Penrose, Jen Druley.	4/22/2011
1235	Coping with Change	Turning the pessimism of "I can't" into the unstoppable power of "I can". Facilitated by Roger Crawford	4/22/2011



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1073	OSHA Hazardous Materials Workshop	Mandatory training for anyone who uses chemicals or hazardous materials in the classroom and/or workplace or could be involved in a HazMat cleanup or response. Limited to first 20 to register. Lunch included. Facilitated by Premier Chemical	8/23/2010
1074	OSHA Hazardous Materials Workshop	Mandatory training for anyone who uses chemicals or hazardous materials in the classroom and/or workplace or could be involved in a HazMat cleanup or response. Limited to first 20 to register. Lunch included. Facilitated by Premier Chemical	8/23/2010
1075	Humanities/Social Sciences Retreat	Facilitated by Mikelyn Stacey, Dean, at her home	8/23/2010
1076	Retirement Planning Over 50	It's never too late: 1.Creating a P.L.A.N. 2.Playing Catch-Up 3.Balancing Risk vs. Reward of Investments Facilitated by Nancy Chua Ong and Tristan Ludwig 1st United Services Credit Union, Pleasanton, CA	8/23/2010
1077	Consolidation of Retirement Accounts	What have you left behind? 1.May help save money on annual fees 2.Could give you more control, enabling you to make key decisions, etc.	8/23/2010
1078	ASL Lab Training	Facilitated by Genie Gertz	8/23/2010
1079	English Basic Skills Instructors Workshop	This is a mandatory workshop for those instructors teaching 151A, 151B, 162, and/or 163 in 2010-2011. The workshop will include basic information about the courses along with changes coming to the classes and labs.	8/24/2010
1080	Speech & Communication Studies Department Workshop	The Speech & Communication Studies Department meets with their entire faculty twice a year to discuss departmental issues and upcoming events and share resources.	8/24/2010



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1081	Math Retreat	Facilitated by Mikelyn Stacey, Dean, at her home	8/24/2010
1082	Orientation to Fremont Fitness Center	Begin with a personal fitness assessment and health history risk assessment. Follow that with an introduction to the cardio and weight machines in the Fitness Center. Discover how to design your own personal fitness program	8/24/2010
1083	Science, Engineering, and Technology	This workshop provides time to work with your colleagues to discuss and assess your student outcomes and program achievements. You will have time to enter these discussion results and other program review information within the new CurricUNET module.	8/24/2010
1084	Asset Allocation	How to deal with uncertain markets:1.Establish a Retirement Recovery Plan2.Assess various asset allocation models3.investment Strategies4.Time Horizon and Risk Tolerance. Facilitator Nancy Chua Ong and Tristan Ludwig, 1st United Services Credit Union.	8/24/2010
1085	Protecting Your Family's Assets	Everything you wanted to know about insurance but were afraid to ask.Review the basics of Property & Casualty, Life Insurance, and Long Term Care. Facilitator Nancy Chua Ong and Tristan Ludwig, 1st United Services Credit Union,	8/24/2010
1086	Fremont Desk Jockey Relief	This class will address symptoms associated with prolonged periods of sitting. We will discuss posture, stretches, home remedies, and providing a comfortable work environment. I will also cover relief for hand interpreters specific to their needs.	8/24/2010
1087	ASL Lab Training	Facilitated by Genie Gertz	8/24/2010
1088	Fremont Campus Construction Impacts for 2010-2011	This academic year will be filled with construction projects that will impact every corner of the Fremont campus. Facilitator by Lucky Lofton, Don Eichelberger, Peter Conrad.	8/24/2010



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1089	Preview of the New On-line Requisition Process	A first look for anyone who wants to see what the new online requisition form and process will be. The District will be implementing this new paperless purchasing system during the fall.	8/24/2010
1090	Curriculum Screening Meeting	Primary focus of this workshop is to work through the screening process for courses that are being presented as either new or as major revisions.	8/23/2010
1091	CurricUNET for Dummies-- Course Module	This workshop will focus on the "how to" of the CurricUNET course module, as well as the more high tech features and cool upgrades that have taken place over the previous year.	8/23/2010
1092	College Council Retreat	Facilitated by Dr. Browning and Tim Roberts	8/25/2010
1093	Got Shimmy?	Kick off some stress while learning Middle Eastern dance moves:1.Extra bonus: good posture tips!2.Fun for all ages and shapes- guys too!3.Wear comfortable clothing4.Feel free to bring a scarf or a wrap to tie around your hips.	8/25/2010
1094	English & ESL Retreat	Facilitated by Mikelyn Stacey, Dean, at her home	8/25/2010
1095	Orientation to Newark Fitness Lab	Begin with a personal fitness assessment and health history risk assessment. Follow that with an introduction to the cardio and weight machines in the Total Health and Wellness Center (THWC).	8/25/2010
1096	VoiceThread	VoiceThread is a powerful free online recording tool that allows group conversations to be collected and shared on the VoiceThread website from anywhere around the world.	8/24/2010



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1097	Wikispaces	Wikispaces is a free website for creating wikis designed with educators in mind. A wiki is simply a website that allows members to contribute content.	8/25/2010
1098	Got new NEW Quia?	This workshop focuses on the practical application of interactive computer-assisted exercises using (the SF Bay Area-based) Quia to help students learn material through (fun) aural, visual, reading and kinesthetic elements.	8/27/2010
1099	CurricUNET Program Review – Hands-On	This workshop will provide “hands-on” experience with the new CurricUNET Program Review Module. Bring your “Word” review, questions, and enthusiasm. The plan is for all Program Reviews to be entered into CurricUNET by May 2011.	8/27/2010
1100	Courage to Teach	This workshop is based on the premise that “good teaching cannot be reduced to technique; good teaching comes from the identity and integrity of the teacher.	8/27/2010
1101	Fine Arts, Business, and Broadcasting	Facilitated by Walt Birkedahl.	8/27/2010
1102	Health Science and Environmental Science	Facilitated by Gale Carli.	8/27/2010
1103	Deaf Studies	Facilitated by Genie Gertz	8/27/2010
1104	Science, Engineering, and Technology	Facilitated by Ron Quinta	8/27/2010



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1105	Faculty Forum	meeting of total full-time faculty to discuss Faculty Senate goals for academic year.	8/27/2010
1106	Creating Community facilitated by Lee Mun Wah	creating community resolving conflict in a diverse college environment facilitated by Lee Mun Wah.	8/26/2010
1107	President's Address and Academic Integrity	Dr Browning gave state of the college address.  Faculty attended a second hour on Academic Integrity - a message from the Faculty Senate.	8/27/2010
1109	Athletics and Exercise Science	To discuss department issues related to athletics and the needs for the 2010-11 academic calendar.	8/27/2010
1110	English 101A Online Lab Program	Facilitated by Rachel Sherman...	8/27/2010
1111	Department Meeting	Golf Tournament, Dept updates.	8/24/2010
1120	ESL Online Lab Training	This was a hands-on workshop to assist ESL listening/speaking instructors in setting and running their online ESL lab.	8/23/2010
1123	Blackboard Course Management System (BBNG9)	This was a two day workshop training for faculty and staff to learn the new CMS platform for Ohlone starting Summer 2011	9/27/2010



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1126	Nonverbal Communication	Speech Brown Bag Speaker.	10/1/2010
1127	ESL Reading/Writing Workshop	Pre-semester workshop for all ESL Reading and Writing teachers, covering standards plans, etc.	8/25/2010
1129	Transfer Day		10/6/2010
1130	Transfer Day		10/6/2010
1131	Transfer Day		10/6/2010
1144	2010 New PTA Orientation		8/25/2010
1145	Sanger DNA Sequencing Workshop	"Sanger DNA Sequencing workshop offered by the Biotechnology Center and tayght by Dr. Mark Bamby, on October 29-30 and November 5, 2010" has been approved!	10/29/2010
1156	Make Ohlone Beautiful	Make Ohlone Beautiful (MOB) is a group that is being formed to work on on-going projects to keep our campus clean and beautiful.	1/18/2011



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1157	Curriculum Screening Meeting	Primary focus of this workshop is to work through the screening process for courses that are being presented as either new or as major revisions.	1/18/2011
1158	CurricUNET for Dummies	This workshop will focus on the "how to" of the CurricUNET course module, as well as the more high tech features and cool upgrades that have taken place over the previous year.	1/18/2011
1159	Walk Your Butt Off	Time to get back on track with your fitness program. Learn how a pedometer can give you the tangible motivation you need to increase your activity level.	1/18/2011
1161	IT Master Planning/The Technology Committee	The Technology Committee will have a special meeting to work on the "IT Imperatives" template of our new master planning package. This template will identify the technology implications of Ohlone's strategic plan objectives.	1/18/2011
1162	Biology and Chemistry for ASL Interpreters Part 1	ASL Interpreters will have the opportunity to explore biology and chemistry in depth with the guidance of a Deaf PhD Candidate in Physiology from the University of Utah.	1/18/2011
1163	Biology and Chemistry for ASL Interpreters Part 2	ASL Interpreters will have the opportunity to explore biology and chemistry in depth with the guidance of a Deaf PhD Candidate in Physiology from the University of Utah.	1/19/2011
1164	Email Etiquette	This workshop is designed to discuss email etiquette and the do's and don'ts of sending emails. Facilitated by Don Penrose, IT Director and Jennifer Druley, Senior Human Resources Specialist	1/19/2011
1165	Got Shimmy?	Kick off some stress while learning Middle Eastern dance moves.Extra bonus: good posture tips! Fun for all ages and shapes- guys too! Wear comfortable clothing (yoga pants are excellent.) Feel free to bring a scarf or a wrap to tie around your hips.	1/19/2011



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1166	College Council Retreat	All members of the college community are welcome to attend. Facilitated by Dr. Browning, President and Tim Robert, Music Faculty; Co-Chairs College Council	1/19/2011
1167	Wikispaces	Wikispaces is a free website for creating wikis designed with educators in mind. A wiki is simply a website that allows members to contribute content.	1/19/2011
1168	I Have a Student Who	This informal workshop will empower you in the classroom and provide you with support from those of us who are here to assist you when the emotional concerns or disruptive student behavior interrupts or interferes. Facilitated by Sally Bratton	1/20/2011
1169	SAC Committee Planning Workshop	This workshop is the kick-off meeting for members of the Student Award Ceremony SAC Committee. Members will be apprised of the current stage of the planning process, then we'll brainstorm and strategize on how to build on the success of last year's event.	1/20/2011
1170	Tech Prep Articulation Day	This workshop is for those faculty members who have 2 + 2 articulation agreements with local area high schools or the ROP. We will be reviewing and updating these agreements to make sure everything is current. Facilitated by Tina Dodson.	1/20/2011
1171	Wanna go on a Picnik?	Picnik is one of the most powerful photo/image editors and yet is incredibly user-friendly and user-intuitive. Apply stuff, add effects, adjust size and resolution – all with point and click. And all undo-able. See the effect before you commit.	1/20/2011
1172	Math 159 instructors		1/20/2011
1173	International Student Mentorship	Orientation with Faculty and Staff who are interested in becoming an international student mentor.	1/20/2011



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1174	Algebra Workshops	Discussion of Changes in Algebra Curriculum for Math 152A/B, Free Online Math Resources, using Course Compass software. Facilitated by Tania Munding, Math Faculty	1/20/2011
1175	Speech and Communication Studies Meeting G.I.F.T.S	Departmental Meeting to cover departmental issues and updates including:Speech Lab Successes and Challenges, WebCT for SPCH Lab Training, FLIP Camera Training, Enrollment Management, Certificates and AA degrees, Great Ideas for Teaching Speech--G.I.F.T.S.	1/19/2011
1176	Science, Engineering, and Technology	Facilitated by Ron Quinta	1/21/2011
1177	Fine Arts, Business, and Broadcasting	Facilitated by Walt Birkedahl	1/21/2011
1178	Athletics and Exercise Science	Facilitated by Chris Warden	1/21/2011
1179	Humanities, Social Sciences, Mathematics	Facilitated by Mikelyn Stacey	1/21/2011
1180	Health Science and Environmental Science	Facilitated by Gale Carli	1/21/2011
1181	Respectful Workplace	There is a fine line between unprofessional behavior and sexual harassment. In either case, the bottom line is Ohlone College strives to be a harassment and discrimination free workplace for all employees.	1/21/2011



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1182	Customer Service in the 21st Century	This workshop will give you techniques to deal with customers who are facing unprecedented economic pressure. Our customers are facing shortage of classes; pressure to find good paying jobs, juggle family issues and they want you to make it all happen.	1/21/2011
1183	Faculty Forum	Facilitated by Jeff O'Connell and Alan Kirshner,	1/21/2011
1184	CalSTRS Fundamentals	This workshop includes the basics of your CalSTRS retirement with a focus on: Ways to increase your defined benefit How to effectively plan for retirement Setting a retirement goal. Facilitated by Bill Britton	1/21/2011
1185	President's College Address - Dr. Gari Browning		1/21/2011
1195	CalPERS - Are You Nearing Your Retirement?	Enroll in the Planning Your Retirement class to learn about the retirement process, programs and benefits offered by the California Public Employees' Retirement System.	1/21/2011
1196	Courage to Teach	This workshop is based on the premise that "good teaching cannot be reduced to technique; good teaching comes from the identity and integrity of the teacher.	1/20/2010
1197	Deaf Studies	Facilitated by Genie Gertz.	1/21/2011
1198	Introduction to the Pilates Method	In this workshop, we will learn about the history and theory of the Pilates method of body conditioning. We will also physically experience the fundamental principles of Pilates as well as some basic beginning level exercises.	1/20/2011



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1199	Fremont Fitness Center Orientation	Want to use the Fitness Center on the Fremont Campus? Want to know how to take advantage of the world class fitness courses we offer in at Ohlone College? Come to this Fitness Orientation and get an introduction to both the program and the equipment.	1/19/2011
1200	Newark Fitness Lab Orientation	Want to use the Fitness Lab on the Newark Campus? Want to know how to take advantage of the world class fitness courses we offer in the Total Health and Wellness Center? Dress for movement. Open to all full time and adjunct faculty members and staff.	1/18/2011
1201	Using the New CurricUNET Module	This is a drop-in "hands-on" workshop. Bring your Program Review documents. Work on program outcomes and assessments and enter your program review within CurricUNET.	1/18/2011
1202	Faculty Reflections in Teaching/Learning	Creating a syllabus with assignments that engage the student and assessments that focus on the student learning outcomes. Enjoy the process of creating a clear and engaging syllabus! Share your techniques with other faculty!	1/18/2011
1203	Powerpoint Blackboard I Workshop	Facilitated by Jason Kulchinsky	1/19/2011
1204	Blackboard II	Facilitated by Jason Kulchinsky and Nancy Pauliukonis.	1/20/2011
1205	Athletics Bylaw Training		8/4/2010
1211	Overview of BBNG9 for Nursing	Overview for Nursing BB Department	2/28/2011



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1212	Blackboard-4 day Mini Workshops (2 hours) ea	Overview of BB NG 9.1 - Hands on Lab for practice and demo	10/22/2010