**Assessment Date:** January 21, 2014

**Faculty Name(s):** John Peterson

1. **Course Name and Number:**
   
   PE 379 – Body Sculpting

2. **All Course SLOs from the Course Outline of Record:**
   
   1. Discover their body’s potential for an increase in flexibility.
   2. Discover their body's potential for an increase in strength.
   3. Develop an awareness of muscle movement and basic human anatomy.
   4. Recognize and maintain correct and safe alignment during exercise.

3. **Specific Course SLO(s) assessed as part of this project:**
   
   Develop an awareness of muscle movement and basic human anatomy.

4. **Assessment strategy or tool used in the assessment.** (Describe below, and *if applicable* copy/paste any additional related documents at end of this form (i.e. Rubric, score sheet, test questions, essay assignment, etc.):
   
   Written quizzes covering basic anatomy and correlating exercises; body composition measurements; pre and post fitness assessments; instructor evaluation as it pertains to technique.

   **NOTE:** This will usually consist of things you are already using to evaluate student work, i.e. Final Exam questions, Final Essay, Final Presentation or Culminating Project, other Assignments, Portfolio Evaluation, Performance Assessment, Department Testing, Pre and Post Tests, Vendor or Industry Certification Examinations, Indirect Assessments (Student Surveys, Focus Group Discussions, Interviews), etc.

5. **Specific aspects of the assessment tool which link up to specific Course SLOs being assessed** (i.e. Which specific test questions measured which Course SLOs? Note: May describe with #4 above.):
   
   Written quizzes covering basic anatomy and correlating exercises; body composition measurements; pre and post fitness assessments
6. Results and analysis of the data. *(Explain below and if applicable copy/paste any related documents, i.e. spreadsheets with data at the end of this document.)*:

See attached

7. Describe any faculty dialogue that occurred as part of the assessment process *(i.e. Were results shared at a department meeting? Was there discussion about changing any SLOs? Etc.)*:

Department faculty consistently discussing how and what should be assessed in this course.

8. Next steps *(i.e. any planned revisions to curriculum or teaching strategies to promote student success, future assessment plans, etc.)*:

Assessment of the assessment results to determine if the material being evaluated is being retained

9. Results of implemented changes, if available at this time:

n/a