Assessment Data is from what semester?  ___SPRING 2014____

Faculty Name(s): __Robin Kurotori____________________________

1. Course Name and Number:

Women’s Health Issues  HLTH 150 and WS150

2. List all Course SLOs from the Course Outline of Record:

1. Analyze the historical and political dimensions of Women's Health and the Women's Health Movement since the early nineteenth century.
2. Assess and discuss global economic differences and the effect on mental, physical and social health.
3. Evaluate the ways in which cultural values, stereotypes and socialization define or influence behaviors that affect health.
4. Identify aspects of disease prevention through proper nutrition, exercise and fitness, weight maintenance, stress reduction and lifestyle factors.
5. Develop strategies for coping with life’s daily stresses and improving mental health in general.

3. Specific Course SLO(s) assessed as part of this project:

4. Identify aspects of disease prevention through proper nutrition, exercise and fitness, weight maintenance, stress reduction and lifestyle factors.

4. Is this course on GE Plan A?  _x__Yes   ____ No (See Catalog pages 49-51 & page 55)

   If Yes, identify what area. (All GE course assessments count as GE assessments.)

   ___Area I Natural Sciences
   ___Area II Social and Behavioral Sciences
   ___Area III Fine Arts/Humanities
   ___Area IV Language and Rationality
   _x_Area V Physical Education/Wellness
   ___Area VI Intercultural/International Studies
   ___Area VII Information Competency

5. How did you assess the SLO(s)? (Attach any related documents at end of form.)

   SLO #4 was assessed by a question on Quiz #3.

   Identify at least five risk factors for cardiovascular disease. Differentiate between those that you can and cannot change. Be VERY specific with your wording. For example, "cholesterol" is NOT a risk factor. (I am almost giving you one free point here!) – 5 POINTS

6. Results and analysis of the data. (Attach any related documents at end of form.)

   The class average on this 5 point question was 4.3 points. 22 of 25 students correctly identified the risk factors for cardiovascular disease. Of the three students that did not score 5 points, one identified the risk factors correctly but did not differentiate between modifiable and non-modifiable. One identified three factors correctly and the other correctly identified four factors.
These results support that 92% of students could identify five risk factors for cardiovascular disease. Being able to correctly identify the risk factors addresses the SLO from the standpoint of recognizing that behavior choices greatly affect disease risk and that proper nutrition, adequate physical activity, maintaining healthy weight, managing stress and not smoking contribute to a healthy lifestyle and a decreased risk of lifestyle diseases.

7. What are you going to do based on the results of the data? (Any planned revisions?)

No revisions are planned at this time. Students are demonstrating successful learning.

Please save your finished document in the following format. (Date should be for the semester in which data was collected; same date should be listed at top of this form.)

yyyysemester-sloa-courseid.doc
Example: 2014spring-sloa-engl101c.doc