



Student Health Advisory Committee | Fall Semester Meeting #2

Thursday, November 5, 2020 | 4:00 PM – 5:00 PM | Via Zoom

Meeting Minutes

Membership Roster			
X	Amithi Chordiya	Student Wellness Ambassador	Public health major
X	Carissa Samuel (co-chair)	Student Wellness Ambassador	Biology major
	Jane Mcintosh	Faculty	Physical Education
X	Jassi Kaur	Faculty	Consumer Family Sciences
X	Jeff O'Connell	Faculty	Mathematics
X	Jeff Roberts	Faculty	Physical Education
	Jenny Schmidt	Faculty	Library
X	Jeremy Penaflor	Faculty	Athletics
X	Mandy Kwok-Yip (co-chair)	Faculty	Counseling and Student Success
X	Manija Ansari	Faculty	Student Accessibility Services
	Milton Lang	Administrator	Office Student Services
X	Nancy Dinsmore	Faculty	Nursing
X	Noor Kaur	Student Wellness Ambassador	Cognitive Science major
X	Robin Kurotori	Faculty	Health, Fitness, & Wellness
X	Rosemary O'Neill	Faculty	Student Health Center
X	Sima Sarvari	Faculty	Biology
X	Yona Lo	Student Wellness Ambassador	Psychology major
	Others: 1. Andy Kreiss, Student Health Center staff 2. Sang Leng Trieu, Student Health Center staff		

Agenda item	Discussion highlights	Action items taken/follow-up
Introduction of new members	<ul style="list-style-type: none"> ▪ Dr. Milton Lang, VPSS ▪ Manija Ansari, Counselor, SAS 	<ul style="list-style-type: none"> ▪ None
Creation of subcommittees	<ul style="list-style-type: none"> ▪ Thank you to everyone who completed the survey on prioritizing subcommittees ▪ The two committees will be: <ol style="list-style-type: none"> 1. Optimizing Student Involvement: to be led by Amithi Chordiya, Student Wellness Ambassador; faculty consultant will be Dr. Jassi Kaur 2. Forging On-Campus Partnerships: to be co-lead by Noor Kaur and Yuan-Yuan Lo, Student Wellness Ambassadors; no faculty consultant assigned yet ▪ Student Wellness Ambassadors shared project ideas and look forward to diving into the work ▪ One idea that emerged is for Student Wellness Ambassadors to connect with the Women of Color Club to explore the possibility of creating wellness events for women of color ▪ An alternative to providing physical baskets is mobilizing students to volunteer their time to provide tech support to faculty. For example: helping prepare interactive ppts, or getting hotspots activated, etc. 	<ul style="list-style-type: none"> ▪ Subcommittee leads will schedule bi-weekly meetings and being group work ▪ Carissa to coordinate with the three ASOC students (who expressed interest) to join subcommittees ▪ Any faculty member interested in serving as the faculty consultant for the “Forging on-campus partnerships” subcommittee to let Mandy or Carissa know
Crisis intervention guide and corresponding yellow folders in this virtual environment	<ul style="list-style-type: none"> ▪ The Student Health Center has not launched a promotional or educational campaign to increase awareness and utilization of the crisis intervention guide and corresponding “yellow folder,” since we have shifted to a virtual learning environment, so looking for guidance and ideas from the committee ▪ The health center was able to film Dr. Bishop speaking about the crisis intervention guide which is now posted on the STEP Up webpage ▪ Ideas to promote guide & yellow folders <ol style="list-style-type: none"> 1. Jeff R. suggested asking staff and faculty to review the information regularly 2. Jeff O. recommended the health center get the word out on content posted on the website 3. Robin suggested that the yellow folders can be included in the next mailing that the college does and that we should explore whether mailing costs can be covered by CARES funding; consider asking H.R. to include the document if they are mailing things to employees 	<ul style="list-style-type: none"> ▪ Robin to send a note to Mary Wilhelm-Chapin to see if crisis intervention resource materials can be universally posted on Canvas ▪ Sang and Rosemary to bring back ideas to the health center staff and put together an outreach plan; we will report back to the committee in December or at the first Spring Semester meeting

	<ol style="list-style-type: none"> 4. Mandy suggested to check the possibility of posting the resources on Canvas similar to Wellness Central for students. 5. Sima suggested that we promote the electronic version in order to save on trees; she also supported posting the resources on Canvas 6. Jeff O. suggested that we email everyone an electronic version of the yellow folder, and then offer to mail a copy for those who prefer a paper version; Jeff also suggested we encourage faculty to bookmark the crisis intervention resources website on their browser 7. Manija suggested that outreach efforts begin by targeting faculty who have joined Ohlone in the last 2 years 	
<p>Establishment of a formal faculty champion recognition program</p>	<ul style="list-style-type: none"> ▪ Andy presented the purpose and rationale for the establishment of a formal faculty champion recognition program as a strategy to invite greater levels of participation among faculty to support the promotion of mental health ▪ The Health Center established an informal recognition program between 2014-2017; we are now exploring how to formalize it (or “belly up to the bar”) ▪ Ideas for criteria include: <ol style="list-style-type: none"> 1. Faculty making class announcements about availability of health services and events 2. Faculty’s willingness to incorporate health center Canvas shell content to their Canvas 3. Faculty offering extra credit to students for attending events; however, some faculty members do not like offering extra credit because it may degrade the grade and also may be an inequitable approach; a robust conversation ensued reflecting opinions on both sides of the camp. 4. Faculty promoting events but not offer extra credit 5. Faculty members share health center services information via syllabus and reinforcing them multiple times throughout the semester 	<p>Andy and Sang will take committee’s ideas and put together a proposed recognition program for the committee to discuss at the December meeting</p>
<p>Wrap-up</p>	<ul style="list-style-type: none"> ▪ Members are encouraged to participate in the Staff vs. Students Game Night that is being hosted by Student Wellness Ambassadors tonight (November 5) 	<p>Co-chairs to email game night flyer to committee members</p>