



**Student Health Advisory Committee
Committee Kick-off Meeting**
Monday, March 28, 2018 | 2:00 PM – 4:00
PM Student Health Center Conference Room

Meeting Minutes

Committee Roster			
X	Asma Farhana, Student, Public Health	X	Jeff O'Connell, Faculty, Mathematics Department
X	Catherine Hayes, Staff, Student Health Center	X	Jeff Roberts, Faculty, Kinesiology / Athletics
	Chairmaine Do, Staff, Community Education/Workforce Dev.	X	Mandy Kwok Yip, Faculty, Counseling Department
	Gina LaMonica, Interim Dean, Arts & Social Sciences Division	X	Nancy Dinsmore, Faculty, Health Sciences - Nursing
	Janet Corcoran, Faculty, Counseling Department	X	Rosemary O'Neill, Faculty, Student Health Center

Agenda item	Discussion highlights	Action items taken/follow-up
Introductions	<ul style="list-style-type: none"> ▪ All members introduced themselves, their affiliations, and shared one thing they looked forward to contributing to this committee and one thing they looked forward to getting out of participation ▪ Asma – second semester student, public health major; would like to contribute as a student; would like to meet more people at the college and gain public health experience ▪ Mandy – counselor, was involved with STEP Up Mental Health Advisory Committee for five years; mental health is an area of passion; would like to contribute as much as she can ▪ Nancy – faculty in nursing program; was involved with STEP Up Mental Health Advisory Committee; a nurse for 42 years and have a good view of student needs that she would like to see this committee meet; her students have been involved in mental health screenings and therefore would like to explore other opportunities for her students to be involved in other ways 	<ul style="list-style-type: none"> ▪ Katie will connect with members who were not able to attend today regarding their interest in future participation.

	<ul style="list-style-type: none"> ▪ Rosemary – mental health counselor, been at Ohlone 14 years; will bring the mental health aspect of student health to this committee; looks forward to connecting with other colleagues ▪ Katie – new health center director, family nurse practitioner with a background in public health; looks forward to contributing her public health experience and evidence-based medicine and outreach; looks forward to having more interaction with people at the college ▪ Jeff O’Connell: faculty member for 23 years at Ohlone in Math Department; looks forwarding to contributing because he takes advantage of the health center so wanted karma to be in check; looks forward to participating as a way to participating ▪ Jeff Roberts: kinesiology faculty and athletic trainer; can contribute because he does healthcare for students in the form of orthopedics and have referred many students to health center for multiple issues; would like to help promote the health center and promote the ease and convenience of services 	
<p>Brief overview of the Student Health Center</p>	<p>A. Provision of services – Katie provided an overview of services of the Student Health Center both on the main Fremont campus and Newark campus; we host various events throughout the year as a way to increase awareness of the health center; focus on suicide prevention and stigma reduction work which needs to be ongoing efforts; STEP Up Ohlone program, FPACT (family planning services) SEE SLIDE DECK FOR DETAILS</p> <p>B. Staff composition: 4 full time staff and 20% FTE person:</p> <ul style="list-style-type: none"> ▪ Director/Family Nurse Practitioner ▪ Medical Assistant ▪ Office Manager/Front desk ▪ Personal Counselor (Marriage and Family Therapist) ▪ Health Educator (20% FTE) <p>C. Funding source: student health fee is the primary source of income, which depends on enrollment figures; health fee will increase to \$20 next semester, though this will even out next semester because of expected declining enrollment; the college received a new \$250K grant for expanding mental health services which will start May 1, 2018</p> <p>D. Spring semester’s priorities and programs – with new mental health grant, we will focus on three priority buckets: [1] Expanding clinical services through establishment of an internship program; [2] Promotion and education on campus for suicide prevention, stigma</p>	<ul style="list-style-type: none"> ▪ Katie to send a copy of the Student Health Center overview PowerPoint slide deck to committee

	<p>reduction, a wellness ambassador program; [3] Establishing and strengthening partnerships with other community based organizations; grant scope of work will also address the most vulnerable students as outlined in the college's Student Equity Plan; also conducted campaigns like Rethink Your Drink campaign this semester; initiative on quality measures for clinical services</p>	
<p>Review committee's purpose</p>	<p>A. Main objectives</p> <ul style="list-style-type: none"> ▪ Facilitates an organized dialogue between students, faculty and staff about student health and counseling needs to establish campus wide agenda to advance the health of students ▪ Increase the ownership of student health by faculty, staff, and the student population <p>B. Ongoing objectives:</p> <ul style="list-style-type: none"> ▪ Identify health educational needs of Ohlone community ▪ Identify and address barriers related to seeking care ▪ Provide input to student health services regarding budget issues ▪ Discuss emerging student health issues ▪ Review and support the formation of policies that will advance student wellness and mental health <p>C. Discussion highlights:</p> <ul style="list-style-type: none"> ▪ Conversations around factors that prevent students from completing their academic goals—these issues should be part of equity conversations ▪ Consider holding a one day retreat to discuss emerging student health issues (e.g. access, cost of prescriptions, mental health, etc.) perhaps during Flex Week; maybe pair up session with another topic that addresses a similar issue, such as Starfish session; this will help build traction on health center issues ▪ Challenges that Katie articulated regarding barriers to student achievement are what other committees are on dealing with on this campus, so this is not a unique problem on campus ▪ Consider sending out a brief survey out to faculty about issues that emerge in their classrooms ▪ Consider have something at Newark, perhaps an open-house, as a way to increase awareness of the Student Health Center on that campus ▪ Jeff O'Connell thinks this is easy – there is a promotion element ▪ Explore a half day during the summer to convene for a lengthier discussion ▪ Discussion on strategies to increase awareness of services and for us to tap into opportunities to engage faculty members 	<ul style="list-style-type: none"> ▪ Katie to send electronic copy of committee's purpose to everyone
<p>Discuss</p>	<p>A. Selection of co-chair</p>	<ul style="list-style-type: none"> ▪ Nancy will serve as co-chair

<p>committee structure</p>	<ul style="list-style-type: none"> ▪ Other committees that use the co-chair model is set up in a way that there is a faculty member to co-chair with a program administrator (e.g. College Council, Technology Committee) ▪ Faculty Senate is creating a tiered-structure to outline level of participation and responsibilities for committee service ▪ This is a presidential advisory committee, so we can see other committees under this structure operates ▪ Nancy would be interested, but not this semester, and she would like to gain a better understanding on the workings of the college ▪ Group’s decision is that Nancy will co-chair the committee, but this will start in August (with lots of encouragement and support from the group) <p>B. Meeting schedule</p> <ul style="list-style-type: none"> ▪ Having ability to phone in from Newark would be good for future meetings ▪ Katie will send a doodle to schedule the next meeting this week <p>C. Ensuring/accommodating student participation</p> <ul style="list-style-type: none"> ▪ Katie presented the idea at ASOC and ICC; 10-12 students expressed interest ▪ We would like student participation, but unsure how to proceed (e.g. open to all students, should they be held to a set of standards around attendance and participation?, etc.); ▪ ASOC assigns senators to all committees on campus, but it takes a long time to make the assignments (sometimes as long as 2-3 months) ▪ It was good for this committee to have a student present today at the first meeting ▪ Targeting allied health or other health disciplines would be a great strategy ▪ What about idea of having meetings be open to students? What is a way to remind students of their participation? Offer them a recommendation letter. ▪ Consider utilizing students from the Wellness Ambassador program to participate; students will be committed for one school year, and then we can explore other more sustainable strategies <p>D. Committee charter</p> <ul style="list-style-type: none"> ▪ We do not need to re-invent the wheel for this; perhaps look at STEP Up’s committee purpose 	<p>beginning Fall Semester 2018</p> <ul style="list-style-type: none"> ▪ Katie to send a doodle to group to schedule second committee meeting ▪ Katie to work with Sang in looking at STEP Up’s charter-like document and revise to fit the purpose of this committee
<p>Establish committee’s goal(s) and priorities for Spring Semester</p>	<p>See above in “Review committee’s purpose” section</p>	<ul style="list-style-type: none"> ▪ Send out survey to faculty the first week of May

<p>CCC Mental Health Services grant award</p>	<p>Committee was asked to generate ideas for media outreach and campus engagement; ideas include:</p> <ul style="list-style-type: none"> ▪ Repeat efforts as previous grant launch periods ▪ Invite local superintendents of schools (e.g. Fremont, Newark) to campus event (that will launch grant) ▪ Have a soft launch ▪ Shoot a message to Dr. Browning about “good news from campus” – so Board of Trustees will also be informed of the award ▪ Put flyers on canvas ▪ Host something at Fremont and Newark ▪ Host an event during Flex Week; send out SurveyMonkey the first week of May ▪ Meet at end of April – professional development committee will have a call for workshop proposals 	<ul style="list-style-type: none"> ▪ Sang will come up with a list of ideas for grant launch for committee members to review at next meeting ▪ Katie will send out a summary of grant deliverables highlighting which objectives include guidance from the Student Health Advisory Committee
<p>Establish next meeting date + agenda items</p>	<ul style="list-style-type: none"> ▪ Katie will send a doodle to schedule the next meeting this week ▪ Review follow up items from this meeting ▪ Committee will help Katie prioritize list of items to tackle for next year 	