



**Student Health Advisory Committee Meeting**  
 Wednesday, October 3rd, 2018 | 2:00 PM – 4:00 PM  
 Student Health Center Conference Room

**Meeting Minutes**

| Committee Roster |  |   |   |
|------------------|--|---|---|
| X                | Anooshree Deshmukh, Student                                  | X | Jeff O'Connell, Faculty, Mathematics Department       |
|                  | Asma Farhana, Student, Public Health                         | X | Jeff Roberts, Faculty, Kinesiology / Athletics        |
| X                | Catherine Hayes, Staff, Student Health Center                | X | Mandy Kwok Yip, Faculty, Counseling Department        |
|                  | Charmaine Do, Staff, Community Education/Workforce Dev.      | X | Nancy Dinsmore, Faculty, Health Sciences - Nursing    |
|                  | Gina LaMonica, Interim Dean, Arts & Social Sciences Division | X | Pragya Dhar, Student (Biology)                        |
| X                | Jen Luo, Student   | X | Rosemary O'Neill, Faculty, Student Health Center      |
|                  | Janet Corcoran, Faculty, Counseling Department               | X | Sang Leng Trieu (over phone for 1 <sup>st</sup> half) |

| Agenda item   | Discussion highlights  | Action items taken/follow-up  |
|---|--|---|
| Roll Call   | <ul style="list-style-type: none"> <li>Members Present (see above roster)</li> </ul>   | None  |
| Student Wellness Ambassadors representation on SHAC | <ul style="list-style-type: none"> <li>Sang: Should we have the ambassadors be able to count SHAC meeting hours?</li> <li>Issue of wanting some level of commitment with those who do attend, as well as when meetings are scheduled so that some Ambassadors can make it</li> </ul>   | <ul style="list-style-type: none"> <li>Extending an invitation to the Student Wellness Ambassadors to attend SHAC meetings; Sang will add to activities sign-up sheet</li> </ul>  |
| Updates on SHAC-suggested outreach activities       | <ul style="list-style-type: none"> <li>Katie: Flex week could've been better in terms of attendance. It was comprised of SHAC committee members + 2 counselors.</li> <li>Jeff O'Connell: Since this particular health center presentation at Flex Week is new, it might just take time to gain momentum. Location wasn't the best idea (distance from Fremont portables to Health Center). <b>Partnering up with other workshop sessions</b> being held to increase attendance is one idea.</li> </ul> | <ul style="list-style-type: none"> <li>Katie to follow up on crisis intervention guide as item on a future Faculty Senate agenda</li> <li>Health Center staff to order more postcards for faculty mailbox distribution</li> </ul> |

|   |  |  |
|---|--|--|
|   | <ul style="list-style-type: none"> <li>▪ Nancy: It's harder to get people in the fall while professors are still trying to get their classes set up.</li> <li>▪ Trying again to make the presence of Health Center at Newark campus better known.</li> <li>▪ Working on distribution of Crisis Intervention Handbook to faculty via major faculty/department meetings.</li> <li>▪ Nancy: Giving handbooks to campus security so they have them on hand in case anyone comes in who might need it.</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Katie to explore efforts for health center staff to get on department meeting agenda during spring semester</li> </ul>  |
| Flu Vaccine Campaign                                    | <ul style="list-style-type: none"> <li>▪ Katie: We're partnering with ASOC and showing up to ASOC events (ex. Club Days and Rock painting session). About 150 doses given out so far. Getting nursing students involved with the process was great.</li> <li>▪ Getting free flu vaccines from the county; 80 doses max allowed. Bought 150 doses, plus obtained 300 doses from Oakland—hoping to give them all so we can get more.</li> <li>▪ Nancy: Would it be possible to have flu shots given during the Depression screening?</li> <li>▪ Hyman Hall, Cafeteria, and Student Lounge are all potential spots to give shots.</li> <li>▪ Jeff Roberts: Can send a message to all the head coaches to see if their athletes are interested in getting flu vaccines.</li> <li>▪ Pragma: Getting the word out that the flu shots are free (they used to cost \$10). Also offering free food to students if they get it.</li> </ul>                                       | <ul style="list-style-type: none"> <li>▪ Katie and Nancy to work on providing flu shots at next Tuesday's depression screening event</li> <li>▪ Jeff Roberts to reach out to head coaches to assess interest in flu shot clinics for athletic teams</li> </ul> |
| Stress Reduction/Management Support Groups and Starfish | <ul style="list-style-type: none"> <li>▪ Sang: Going to target students identified by faculty members via Starfish; doing special outreach with that list. This includes tutoring, counseling, mental health services, etc. Waiting approval for a 4-week text messaging campaign with students who opt in.</li> <li>▪ Nancy: Bring faculty in and telling them about Starfish and support groups.</li> <li>▪ Pragma: Will this support group be open to all students or only targeted ones? for now, outreach to students targeted via Starfish only; if all goes well, opening it up to students</li> <li>▪ Mandy: Starfish can be a hit or miss. Following up through Starfish, the success rate of students coming in who are referred isn't great. You really need to "catch" these students in order for them to show up. Lenore also has a list of students on probation status, to offer them help via email (they may be more willing to come in).</li> </ul> | <ul style="list-style-type: none"> <li>▪ Mandy will check in with Lenore about the list of students on probation status.</li> </ul>  |
| Sexual Assault Education & Support                      | <ul style="list-style-type: none"> <li>▪ Katie: The Student Health Centers has hosted various support groups for select past events (ex. DACA, Vegas shooting, professor passing). <b><u>With the current climate surrounding sexual assault</u></b>, we don't want to make it political but rather <b><u>provide support for students</u></b>. Sang wanted to invite BAWAR, but they may be swamped right now.</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Katie and Sang to follow up on organizing and exploring partnership with another department to co-host a one time support group</li> </ul>  |

|   |  |   |
|---|--|---|
|   | <ul style="list-style-type: none"> <li>▪ Nancy: Promoting conversation on this issue could bring out sexual assault victims who haven't told anyone yet.</li> <li>▪ Jeff Roberts: What may garner more attendance and outreach would be having the Student Health Center partner with someone else (ex. BAWAR or sex education representatives). Also utilizing a message such as #MeToo.</li> <li>▪ Pragya: To have support/discussion groups held more frequently (maybe once or twice a month) to normalize it.</li> <li>▪ Katie: We have vertical response so we can email students and see how many of them see it (for both Depression screenings and free flu vaccines).</li> <li>▪ Mandy: Having a counselor or nurse present on standby just in case someone needs to talk one-on-one. (Also getting an ASL interpreter.)</li> <li>▪ Nancy: Offering to nursing students who are interested so they can join in.</li> </ul> |   |
| Key informant interviews on staff trainings | <ul style="list-style-type: none"> <li>▪ Reaching out to staff about the Student Health, having the SHAC committee members help out with the interviews. (Includes departments, nursing, athletics, etc.)</li> <li>▪ Nancy: Sometimes it's nice to ask faculty who we don't know very well to get different perspectives.</li> </ul>   | <ul style="list-style-type: none"> <li>▪ Katie will send out the template for these interviews to committee members.</li> </ul>                       |
| Next SHAC meeting for fall semester         | <ul style="list-style-type: none"> <li>▪ Katie: Having two meetings per semester, the next one is aimed for being towards the end of November.</li> </ul>  | <ul style="list-style-type: none"> <li>▪ Katie will send out another Doodle to schedule a date, and notify us about the next SHAC meeting.</li> </ul> |

**Meeting adjourned at 3:27 PM.**