



Student Health Advisory Committee | Fall Semester Meeting #3
 Wednesday, December 9, 2020 | 4:00 PM – 5:00 PM | Via Zoom

Meeting Minutes

Membership Roster			
X	Amithi Chordiya	Student Wellness Ambassador	Public health major
X	Carissa Samuel (co-chair)	Student Wellness Ambassador	Biology major
	Jane Mcintosh	Faculty	Physical Education
X	Jassi Kaur	Faculty	Consumer Family Sciences
	Jeff O'Connell	Faculty	Mathematics
X	Jeff Roberts	Faculty	Physical Education
	Jenny Schmidt	Faculty	Library
X	Jeremy Penaflor	Faculty	Athletics
X	Mandy Kwok-Yip (co-chair)	Faculty	Counseling and Student Success
X	Manija Ansari	Faculty	Student Accessibility Services
	Milton Lang	Administrator	Office Student Services
X	Nancy Dinsmore	Faculty	Nursing
X	Robin Kurotori	Faculty	Health, Fitness, & Wellness
X	Rosemary O'Neill	Faculty	Student Health Center
X	Sima Sarvari	Faculty	Biology
X	Yona Lo	Student Wellness Ambassador	Psychology major
	Others: 1. Andy Kreiss, Student Health Center staff 2. Sang Leng Trieu, Student Health Center staff		

Agenda item	Discussion highlights	Action items taken/follow-up
Follow-up on action items from November 2020 meeting	<ul style="list-style-type: none"> ▪ Crisis intervention yellow folder is now posted on Canvas shell in a folder titled "Faculty Resources" under Wellness Central; this has not been announced to the broader campus yet ▪ Crisis intervention handbook will be added to Canvas as well: https://ohlone.instructure.com/courses/12863 ▪ Dr. Lang made the announcement of both resources to the general campus a few weeks ago; staff and faculty have the option of requesting a hard copy of either/both the yellow folder and crisis intervention guide placed in their campus mailbox or mailed to their residence 	Mandy and Sang to upload crisis intervention handbook to Canvas
Subcommittee reports	<p>Subcommittee #1: Optimizing Student Involvement</p> <ul style="list-style-type: none"> ▪ ASOC members have been supporting this committee ▪ Faculty liaison is Dr. Jassi Kaur ▪ Amithi presented committee progress in PowerPoint slides (see attachment) ▪ Purpose of committee is to create a pathway to actively pursue students by increasing faculty involvement, provide access to college resources, and recognizing such involvement <p>Subcommittee #2: Forging On-Campus Partnerships</p> <ul style="list-style-type: none"> ▪ ASOC and ICC members have been supporting this committee ▪ Sang has been supporting this committee while we wait for a faculty liaison to emerge ▪ Yona worked with various student clubs to support cross-posting of Student Health Center events on their social media platforms ▪ Recommendation was made to reach out to special populations such as EOPS, Veteran Students Resource Center, SAS, deaf/hard of hearing students in the spirit of inclusion ▪ Members acknowledged ambassadors on the release of the inaugural issue of the Student Wellness virtual magazine 	Subcommittee #2 is still looking for a faculty liaison to support their work
Student Health Center director search update	<ul style="list-style-type: none"> ▪ There have been two candidates that were presented to VPSS and the health center team; the first candidate withdrew shortly after the interview, and the second candidate was not an ideal fit 	None
Faculty champion recognition program	<ul style="list-style-type: none"> ▪ Group continued conversation on this topic from the November meeting 	Andy and Sang to formalize proposed program and include

	<ul style="list-style-type: none"> ▪ Andy presented a proposed program structure and recognition ideas (see PowerPoint slides) ▪ Suggestions included: <ul style="list-style-type: none"> ▪ An emphasize on “actively promote” health center activities (e.g. depression screening) as an option for extra credit (academic freedom) ▪ Increase the number of Kognito trainings (2 modules) ▪ Would like faculty to also consider listening to podcasts ▪ Add taking a mindfulness class or reading Rosemary’s book to promote self-care among faculty ▪ Consider adding Wellness Central ▪ Jeff Roberts believe he can mention the recognition program at an upcoming College Council on the “Heard it through the Grapevine” section of the meeting 	<p>it in the email with the agenda for the next meeting</p>
<p>Looking ahead</p>	<p>Health/mental health objectives in college strategic plan</p> <ul style="list-style-type: none"> ▪ There are two goals in the college’s 2020-2025 strategic plan that relates to the Student Health Center that we may discuss next semester: <ul style="list-style-type: none"> ○ Goal #2 Diversity and Inclusion: <ul style="list-style-type: none"> 2.7 Utilize less visible student services - mental health, health center, TOP, veterans center, as examples-so students will have a higher level of awareness about those available services ○ Goal #4: Supportive Learning and Working Environment <ul style="list-style-type: none"> 4.2 Proactively support students' and employees' mental and physical health, beyond supporting excellence in teaching and learning <p>Student Equity Achievement</p> <ul style="list-style-type: none"> ▪ Mandy reached out to Brenda Reynosa and Andrew La Manque to discuss ideas on how to carry out objective 4.2 on integration of mental health activities in SEA initiatives; a meeting has been set up for next week so we will hear more about this next semester <p>Mental health cultural competence trainings</p> <ul style="list-style-type: none"> ▪ Group discussed training ideas that we may be able to propose for Flex Week, but Robin informed us that the schedule is quite full ▪ We may consider collaborating with HR/ODIAC 	

<p>Meeting schedule for Spring Semester 2021</p>	<p>Co-chairs propose that next semester's meeting schedule is as follows:</p> <p>4:00 PM – 5:00 PM</p> <ul style="list-style-type: none">▪ February 10, 2021▪ March 10, 2021▪ April 14, 2021▪ May 12, 2021	<p>Once confirmed, Sang will send out calendar invites for Spring Semester 2021 meetings</p>
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