



**Student Health Advisory Committee | Spring Semester Meeting #4**  
 Wednesday, May 12, 2021 | 4:00 PM – 5:00 PM | Via Zoom

Meeting Minutes

Membership Roster			
x	Andres Garcia	Staff	Counseling and Student Success
x	Amithi Chordiya	Student Wellness Ambassador	Public health major
x	Carissa Samuel (co-chair)	Student Wellness Ambassador	Biology major
	Jane Mcintosh	Faculty	Physical Education
x	Jassi Kaur	Faculty	Consumer Family Sciences
x	Jeff O’Connell	Faculty	Mathematics
x	Jeff Roberts	Faculty	Physical Education
	Jenny Schmidt	Faculty	Library
x	Jeremy Penafior	Faculty	Athletics
x	Julie Navarro	Faculty	Student Health Center
x	Mandy Kwok-Yip (co-chair)	Faculty	Counseling and Student Success
x	Manija Ansari	Faculty	Student Accessibility Services
	Milton Lang	Administrator	Office Student Services
x	Nancy Dinsmore	Faculty	Nursing
x	Robin Kurotori	Faculty	Health, Fitness, & Wellness
x	Rosemary O’Neill	Faculty	Student Health Center
x	Sima Sarvari	Faculty	Biology
x	Yona Lo	Student Wellness Ambassador	Psychology major
	Others: 1. Ariana Cruz, Ohlone Student Mental Health Navigator 2. Kimberly Hernandez, Ohlone Student Mental Health Navigator 3. Sang Leng Trieu, Student Health Center staff		

Agenda item	Discussion highlights	Action items taken/follow-up
Introductions	Mandy welcomed committee members to the final meeting of the semester	None
Alameda County Mental Health Navigator Program recruitment efforts	The health center has received funding to continue another year piloting the mental health navigator program. Two current navigators, Ariana Cruz and Kimberly Hernandez, presented briefly about the program, their personal experiences, and asked faculty and staff to help promote recruitment efforts.	Sang to send navigator recruitment flyer to SHAC members to disseminate and/or post on their Canvas shell
Mental Health Advocacy Program: Selection of affinity groups for Fall Semester 2021	<p>The health center has received funding to continue the mental health advocacy program for another academic year. SHAC members were asked to advise on which affinity groups should be prioritized for the Fall Semester 2021 cohort. Ideas included:</p> <ul style="list-style-type: none"> <li>▪ Going back to some of the groups</li> <li>▪ Veterans</li> <li>▪ African American students</li> <li>▪ South Asians</li> <li>▪ Muslim students</li> <li>▪ Student athletes</li> </ul> <p>SHAC members completed a survey ranking their top four affinity groups; results were:</p> <ol style="list-style-type: none"> <li>1. SAS (Student Accessibility Services) students</li> <li>2. Veteran students</li> <li>3. Deaf/hard of hearing students</li> <li>4. African American students</li> </ol>	Health center staff will reach out to the faculty/staff of the listed affinity groups to gauge participation interest and recruitment of students.
Training topics for Learning College Week proposal submissions	The health center will submit several proposals for Fall Semester 2021 Learning College Week as part of our efforts to support students, staff, and faculty on returning to campus and to provide culturally competent trainings. The top four options, based on a survey, will be (with #1 and #4 combined):	Health center staff will submit three proposals on the topics SHAC members selected

	<ol style="list-style-type: none"> <li>1. Student panel: The student experience, 'What we wish our professors knew'</li> <li>2. Early intervention &amp; referral: Suicide prevention in colleges</li> <li>3. Creating welcoming environments for students</li> <li>4. The lived experience: Mental illness among students</li> </ol>	
Subcommittee updates	<p><b>Forging On-Campus Partnerships</b></p> <ul style="list-style-type: none"> <li>▪ Mentoring program is making progress in terms of recruitment of participants; pairing will take place after finals</li> </ul> <p><b>Optimizing Student Involvement</b></p> <ul style="list-style-type: none"> <li>▪ The committee continues to promote campus-based services; the outreach flyer that was developed and sent at the beginning of the semester was resent earlier this month to remind students of available services</li> <li>▪ The committee is pleased with this year's partnership with student government (ASOC) and their accomplishments</li> </ul>	None
Summer Bridge program collaboration updates	<ul style="list-style-type: none"> <li>▪ Julie will be doing a few mental health presentations in the Summer Bridge program, depending on the module. In the PD module, she will be doing a 'Mental Health 101', and in the math module, she will be doing 'How to reduce your test anxiety'.</li> <li>▪ Julie introduced the cohort of 2021-2022 graduate level mental health interns</li> </ul>	None
SHAC co-chairs' recognition of subcommittee members contributions	<p>Mandy and Carissa recognized the following students and faculty liaisons for their contributions to subcommittee work this year:</p> <ol style="list-style-type: none"> <li>1. Yona Lo</li> <li>2. Alex Bonilla</li> <li>3. Anusha Sharangpani</li> <li>4. Nikhita Kandikuppa</li> <li>5. Dr. Jassi Kaur</li> <li>6. Manija Ansari</li> </ol>	None
Membership & meeting schedule for Fall Semester 2021	<ul style="list-style-type: none"> <li>▪ Mandy shared with the group a summary of accomplishments for the year and what to look forward to for next school year</li> </ul>	A survey will be sent out to query members'

	<ul style="list-style-type: none"> <li>▪ Mandy also expressed her gratitude to committee members for their service and commitment to student health</li> <li>▪ We will query members in a survey about who is interested in staying on the committee for next school year</li> <li>▪ 2021-22 meeting schedule will be: <ul style="list-style-type: none"> <li>2<sup>nd</sup> week of each month, Wednesday, 4:00 PM – 5:00 PM <ul style="list-style-type: none"> <li>• September 8<sup>th</sup>, 2021</li> <li>• October 13<sup>th</sup>, 2021</li> <li>• November 10<sup>th</sup>, 2021</li> <li>• December 8<sup>th</sup>, 2021</li> </ul> </li> </ul> </li> </ul>	<p>participation interest for the 2012-22 school year</p>
<p>Announcements; wrap-up</p>	<ul style="list-style-type: none"> <li>▪ The Ohlone College Board of Trustees will be issuing a proclamation in honor of Mental Health Awareness Month; Sang will be (virtually) present to accept the proclamation on behalf of the health center</li> </ul>	<p>None</p>