ARE YOU ELIGIBLE FOR UP TO $234 IN GROCERY MONEY EVERY MONTH?

FOCUS ON YOUR FUTURE, NOT YOUR FOOD BUDGET

CalFresh is California’s food assistance program for low income individuals and families. You get benefits through an EBT card, which functions like a debit card with the money that is loaded onto it each month. Single person households can get $16-$234 per month, larger households can get more, see below for maximum income limits.

GROSS MONTHLY INCOME LIMITS FOR HOUSEHOLDS:

- 1 person: $2,128
- 2 persons: $2,874
- 3 persons: $3,620
- 4 persons: $4,368

Call 510-574-2000 or apply at www.GetCalFresh.org/s/ffrc