



This Week on the Ohlone eCampus

Week of January 25, 2021

Focus Topic: And We're Off!

We're here this week to help you get through the logistical challenges we all know will arise. From "Where's my classroom?" to "What's Canvas?" - we've got your back. Take a giant step back, look at all you have accomplished over the past, stressful, 10 months, and allow yourself a moment to feel proud and capable. You've got this!

Important Reminder! Did you remember to PUBLISH your courses? Click on the Publish button in Canvas so your students have access to all of the wonderful resources you have created for them. If your courses are not published, they will not see them on their Canvas Dashboard. This results in unnecessary panic and anxiety for students. If your course isn't ready yet, no worries. Go ahead and publish your course with your updated Syllabus and Home Page but unpublish your unfinished modules until they are ready.

Reach out with a welcome letter providing students the information they need to know to be successful in your class. If you are meeting synchronously, include instructions for how to access the Zoom classroom. You will find some sample wording [in last week's eCampus Weekly Update](#).

Tech Tips

Prior to Monday, please make sure you have the latest version of Zoom. (Current version is 5.4.9.) For more information, read [Upgrade/Update to the Latest Version](#).

eCampus Inspirations – Continue to Learn With Us



Inspirations will return in February. We're in the planning stages right now and you can help us offer workshops that will meet your interests and needs. **Please consider completing this [survey](#)** to help us plan professional development classes, workshops, and communication you want for the spring semester.

General Office Hours

We realize that the start of the semester can be stressful and that tech problems can create anxiety. eCampus is here for you. Join us during office hours. If you require something a little more specific or involved, consider completing a [Canvas Support for Faculty](#) ticket and we'll be happy to meet with you.

We'll be using the same meeting link all week. [eCampus Office Hours Meeting Link 1/24-1/29](#)

Day	Date	Time	Facilitator
Sunday	1/24	4:00 – 5:30 pm	Robin
Monday	1/25	9:00 – 11:00 am	Jackie
Monday	1/25	11:00 am – 1:00 pm	Mary
Monday	1/25	1:00 – 3:00 pm	Robin
Monday	1/25	5:00 – 7:00 pm	Mary
Tuesday	1/26	9:00 – 11:00 am	Robin
Tuesday	1/26	1:00 – 3:00 pm	Jackie
Tuesday	1/26	5:00 – 7:00 pm	Mary
Wednesday	1/27	9:00 – 11:00 am	Jackie
Wednesday	1/27	1:00 – 3:00 pm	Mary
Thursday	1/28	11:00 am – 1:00 pm	Mary
Thursday	1/28	1:00 – 3:00 pm	Robin
Thursday	1/28	5:00 – 7:00 pm	Jackie
Friday	1/29	9:00 – 11:00 am	Robin
Friday	1/29	1:00 – 3:00 pm	Jackie

Equity Corner

Table 1: E8 - Connection and Belonging

Criteria	Incomplete	Aligned	Additional Exemplary Elements
E8: Connection and Belonging	Student connections and a sense of belonging within the course are not fostered through course communications and activities.	Course communications and activities foster personal connections among students and demonstrate the instructor cares about each unique student's participation and success in the class.	Course communications and activities deepen connections among class participants and encourage students to connect to your institution and the discipline more broadly.

You know that feeling of walking into a room for the first time and not being sure where to land your gaze, which direction to turn, or where to sit. That feeling also occurs for students the first time they enter your online courses. You have the opportunity to greet every one of them at the door, or on your course Home page. In fully online courses, try adding a podcast or video and ask students to reach out and connect with more than 2 students in a forum. Assume that your students are there to participate and learn.

Once you greet students, then you want to start connecting with them, all of them. The words and images you select can invite students to explore or make them feel out of place. Check the words you

use, the images you portray, and the items you focus on for these critical first few minutes students are in your class. Here are a few repositories featuring diverse images that allow you to share with attribution:

- [Unsplash](#) which is integrated with Canvas via Insert Image → Unsplash tab.
- [nappy.co](#) (a Colombian website, so no “m”).
- [UKBlackTech](#) has some shared images. Be sure to check [their sharing agreements](#).
- [Create HER stock](#) is highly recommended for images of melanated women.

Mindful Minute

In keeping with the concept of creating a Culture of Care this semester, I invite you to remember that taking care of yourself is not a luxury – it is a necessity. Individuals who practice self-compassion tend to be happier, have greater life satisfaction, have better relationships and physical health, and suffer from less anxiety and depression. [The Transformative Effects of Mindful Self-Compassion](#) will help you understand why that is the case and will provide you with a technique to begin a self-compassion practice.

Notes from Mary

Welcome to the Spring 2021 semester. For many of us, the excitement of this semester start is tempered by our experience last semester. I hope that you caught Dr. Bertrice Berry’s stories on Friday and her pointed advice on how to clean your filter and acknowledge the gratitude you receive so that you are at your best to meet your students as we launch the new semester. Next week I’ll get back to updates on technology and learning such as classic and new Canvas quizzes, “new” VoiceThread, and of course, new Zoom features. In the meantime, here’s to an awesome start to the semester. We’re here to do what we can to assist you – you’ve got this!